UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla

La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92037

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo

Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas

Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area

6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown

Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista

910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley

4910 Directors Place
San Diego, CA 92121

Scripps Ranch

9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa

7910 Frost Street
San Diego, CA 92123

Chula Vista

959 Lane Avenue
Chula Vista, CA 91914

Temecula

31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

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Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

William J. Ackerman, MD
Primary Care Physician for Concierge Medicine Patients
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
William Ackerman, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care, diagnosis, and treatment of acute and chronic diseases.

Unna Albers (Formerly McPherson), MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Korean

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Unna McPherson Albers, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. In 2009, 2011-2014, Dr. Albers was named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Clark Bach, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Sonia Bajwa-Dulai, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Hindi, Punjabi

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Sonia Bajwa-Dulai, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.
Internal Medicine (cont.)

Arthi Balu, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Arthi Balu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Balu treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Sam Baroudi, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Arabic, French

Contact:
Bio:
Sam Baroudi, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Edward David Brown, MD
Primary Care Physician for Concierge Medicine Patients
Medical Director, Concierge Medicine
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Edward David Brown, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lori A. Brown, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lori A. Brown, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Her clinical expertise includes diabetes, gastrointestinal and cardiac disease, medical education, musculoskeletal disease, wellness and disease prevention and women’s health.
Internal Medicine (cont.)

Leah M. Bruno, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Leah Bruno, MD, is an internist who provides primary care to adults, including preventive care, and diagnosis and treatment of acute and chronic diseases. Her practice includes the care of children and she has a special interest in adolescent medicine, providing care for teens and older young adults who may consider transitioning to an adult primary care doctor.

Karen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lynnette Cederquist, MD
Professor of Medicine
Pain Management Specialist

Specialties:
Internal Medicine, Pain Management

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lynette Cederquist, MD, is a hospice and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cedequist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

Jessica J. Chen, MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Chinese, Taiwanese

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Jessica Chen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Maribeth Chong, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Tagalog

Contact:

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

Nicholas Daniels, MD, MPH
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Nicholas Daniels, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Yoo Jin Chong, MD
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Korean

Contact:

Bio:
You Jin Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. He is a member of the UC San Diego Health Physician Network.

Jennifer DeConde, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Jennifer DeConde, MD, is a board-certified internal medicine physician. She provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.
Dalia Elias, MBBS
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Add'l Language:
Malayalam
Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452
Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Neil J Farber, MD
Primary Care Physician
Clinical Medical Director
Professor of Medicine
Specialties:
Primary Care, Internal Medicine
La Jolla - 8939 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Bio:
Neil Farber, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Rodrigo J. Fernandez, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Add'l Language:
Spanish
Contact:
Bio:
Rodrigo Fernandez, MD, is a board-certified physician providing primary care in Chula Vista. He is a member of UC San Diego Health Physician Network.

Courtney C. Hanson, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
La Jolla - 8939 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Bio:
Courtney C. Hanson, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Alma Harb, MD
Primary Care Physician for Concierge Medicine Patients

Specialties:
Primary Care, Internal Medicine, Concierge Medicine
Add'l Languages:
Arabic, French, Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Alma Harb, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Deanna Hill, MD
Primary Care Physician
Associate Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Deanna Hill, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.
Internal Medicine (cont.)

Marika Holte, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
La Jolla - 8939 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Bio:
Marika Holte, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Mary Jaramillo, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776
Bio:
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Amy Huang, MD, MPH
Primary Care Physician
Assistant Clinical Professor of Medicine
Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Mandarin, Taiwanese
Hillcrest - 4th & Lewis Medical Offices
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Bio:
Amy Huang, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in preventive medicine and is passionate about global health and medical education.

Simerjot K Jassal, MD
Primary Care Physician
Professor of Medicine
Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Punjabi, Spanish
Hillcrest - UC San Diego Medical Center
Contact:
New Patient Registration: (800) 926-8273
Bio:
Simerjot K. Jassal, MD, is a primary care physician who provides services for a wide range of health issues including hypertension, diabetes, infection, liver and lung disease, and cancer. She personally cares for continuity patients and oversees medical residents who deliver services to women veterans at VA San Diego Healthcare System, and serves as an inpatient ward attending at both VA San Diego and UC San Diego Medical Center. At this time, patients cannot schedule an appointment with Dr. Jassal as she is a hospital medicine attending physician only.
Internal Medicine (cont.)

Jeffrey D. Jenks, MD, MPH
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Infectious Diseases

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Jeffrey Jenks, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Jenks also has advanced training in infectious diseases and a special interest in treating tuberculosis.

Christina Le, MD
Primary Care Physician
Associate Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Christina Le, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Le has special training in infectious diseases and provides comprehensive travel medicine services for adults. These include pre-travel medical evaluations, vaccinations, medications and preventive measures for travel-related illnesses and post-travel medical care.

Steven Li, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Steven Li, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He has a special interest in medical informatics and enjoys finding ways to leverage technology to achieve goals for optimal health care.
Internal Medicine (cont.)

Tony Lopez, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Tony Lopez, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ottar Viker Lunde, MD
Primary Care Physician
Associate Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Norwegian, Spanish

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Ottar V. Lunde, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and the diagnosis and treatment of acute and chronic diseases. Dr. Lunde has a special interest in heart failure, sleep medicine and weight loss counseling.

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics
Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.
Internal Medicine (cont.)

Nicole Mandich, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Nicole Mandich, MD, is an internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in mental health, weight management and preventative medicine.

Ramona Master, MD
Primary Care Physician for Concierge Medicine Patients

Specialties:
Concierge Medicine, Internal Medicine, Primary Care

Add'l Language:
Gujarati

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Ramona Master, MD, is a board-certified internal medicine doctor. Dr. Master treats adults through the concierge medicine program at UC San Diego Health, where she specializes in preventive medicine and chronic disease management. Concierge Medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.

Christyanne Maxson, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Contact:

Bio:
Christian Maxson, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Marlene Millen, MD
Primary Care Physician
Chief Medical Information Officer, Ambulatory Care Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Marlene Millen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Lucy D. Moore, MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lucy D. Moore, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan J. Moran, MD, MPH
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Ryan Moran, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive and geriatric care. He also diagnoses and treats acute and chronic diseases such as diabetes and heart disease.

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Bernice Ruo, MD, FACP
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Bernice Ruo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has expertise in caring for individuals with chronic conditions such as hypertension, diabetes and heart disease.
Internal Medicine (cont.)

Elizabeth Salada, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Contact:
Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.

Armelia Sani, MD, FACP
Primary Care Physician
Professor of Medicine
Specialties:
Primary Care, Internal Medicine
Add'l Language:
Indonesian
Hillcrest - 4th & Lewis Medical Offices
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Bio:
Armelia Sani, MD, is a board-certified internal medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Julie R. Sierra, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Add'l Language:
Spanish
Hillcrest - 4th & Lewis Medical Offices
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Bio:
Julie Sierra, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sierra treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Amy Sitapati, MD
Primary Care Physician
Professor of Medicine
Specialties:
Primary Care, Internal Medicine
La Jolla - 8939 Villa La Jolla Drive
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Bio:
Amy M. Sitapati, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sitapati believes that the best health is achieved through life balance, patient empowerment, a good physician relationship, and integrated care.
Internal Medicine (cont.)

Michael A. Smith, MD
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Michelle Uttaburanont, MD
Primary Care Physician

**Affiliated Provider**

**Specialties:**
Primary Care, Internal Medicine

**Contact:**

**Bio:**
Michelle Uttaburanont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Ryan W. Stewart, MD
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

**Bio:**
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lori Wan, MD
Primary Care Physician

**Professor of Medicine**

**Specialties:**
Primary Care, Internal Medicine, Pediatrics

**Hillcrest - 4th & Lewis Medical Offices**
**Kearny Mesa - Frost Street**
**La Jolla - 8910 Villa La Jolla**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

**Bio:**
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Lisa Wastila, MD  
Primary Care Physician  
Professor of Medicine

Specialties:  
Primary Care, Internal Medicine  
Add'l Language:  
German

La Jolla - 8939 Villa La Jolla Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

Bio:  
Lisa Wastila, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Pearl Yu, MD, Pharm D  
Primary Care Physician  
Professor of Medicine

Specialties:  
Primary Care, Internal Medicine  
Add'l Languages:  
Cantonese, Mandarin

La Jolla - 8939 Villa La Jolla Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

Bio:  
Pearl Yu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Melissa A. Wong, MD  
Primary Care Physician  
Assistant Professor of Medicine

Specialties:  
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5400

Bio:  
Melissa Wong, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in women's health and preventative medicine.
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