UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

→ **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

→ **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
Locations

La Jolla
4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Hillcrest
4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Encinitas
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

Vista
910 Sycamore Avenue
Vista, CA 92081

Scripps Ranch
9909 Mira Mesa Blvd.
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Rady Children’s Hospital-San Diego
3020 Children’s Way
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway
Temecula, CA 92952

Sorrento Valley
4910 Directors Place
San Diego, CA 92121
Table of Contents

ENT/Head and Neck (Otolaryngology)
  Facial Nerve Disorders ............................................................................................................. 1,
  Facial Plastic Surgery .................................................................................................................. 2,
  General Otolaryngology (ENT) .................................................................................................... 3,
  Head & Neck Surgery Oncology ................................................................................................. 7,
  Hearing & Balance Disorders ....................................................................................................... 9,
  Laryngology .................................................................................................................................. 12,
  Otology & Neurotology / Skull-Base Surgery .............................................................................. 13,
  Sinus & Rhinology ....................................................................................................................... 15,
  Thyroid & Parathyroid Surgery .................................................................................................. 17,
Sports Medicine ........................................................................................................................... 19
Index ................................................................................................................................................ 27
ENT/Head and Neck (Otolaryngology) - Facial Nerve Disorders

Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

Add'l Language:
French

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
ENT/Head and Neck (Otolaryngology) - Facial Plastic Surgery

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)
Subspecialties:
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.

David B. Hom, MD, FACS
Otolaryngologist/Head and Neck Surgeon
Co-Director of Facial Plastic and Reconstructive Surgery, Division of Otolaryngology Head and Neck Surgery
Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)
Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT), Sinus & Rhinology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
David Hom, MD, is a board-certified head and neck surgeon who helps patients improve abnormalities and functional defects of the face caused by injuries and skin cancer. His expertise includes treating facial (skin and bone) deformities, as well as Mohs skin cancer reconstruction. He also specializes in improving nasal breathing problems, nasal fractures and nasal obstruction.

Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
Kevin Thomas Brumund, MD
Head and Neck Surgeon
Associate Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery, Cancer

Subspecialties:
Head & Neck Surgery Oncology, Head & Neck Cancers, General Otolaryngology (ENT), Thyroid & Parathyroid Surgery, Melanoma / Skin Cancers

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

Bio:
Kevin Brumund, MD, is a board-certified head and neck surgeon whose practice is dedicated solely to the treatment of head and neck tumors. Dr. Brumund has extensive training and experience in cancer surgery and specializes in treating both benign and malignant tumors of the head and neck. This includes tumors of the entire upper aerodigestive tract (mouth, throat, nose, sinuses, and voice box), salivary glands (parotid and submandibular glands), neck, facial skin, thyroid and parathyroid glands.

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.
David B. Hom, MD, FACS
Otolaryngologist/Head and Neck Surgeon
Co-Director of Facial Plastic and Reconstructive Surgery,
Division of Otolaryngology Head and Neck Surgery
Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT), Sinus & Rhinology

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
David Hom, MD, is a board-certified head and neck surgeon who helps patients improve abnormalities and functional defects of the face caused by injuries and skin cancer. His expertise includes treating facial (skin and bone) deformities, as well as Mohs skin cancer reconstruction. He also specializes in improving nasal breathing problems, nasal fractures and nasal obstruction.

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine

Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology

Add'l Languages:
German, Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.

Andrew Vahabzadeh-Hagh, MD
Otolaryngologist
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
General Otolaryngology (ENT), Laryngology

Add'l Language:
Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Andrew Vahabzadeh-Hagh, MD, is a board-certified otolaryngologist/head and neck surgeon who treats disorders of the ear, nose and throat. As a fellowship-trained laryngologist, Dr. Vahabzadeh-Hagh specializes in treating diseases of the larynx in both the clinic and in surgery, including complex airway, voice and swallowing disorders. This includes vocal fold paralysis or paresis, dysphonia secondary to benign or malignant laryngeal lesions, neurolaryngologic disorders such as spasmodic dysphonia, laryngeal tremor, vocal cord dysfunction, paradoxical vocal fold motion, professional voice, voice masculinization and feminization, and chronic cough.
Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
ENT/Head and Neck (Otolaryngology) - Head & Neck Surgery Oncology

Kevin Thomas Brumund, MD
Head and Neck Surgeon
Associate Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery, Cancer

Subspecialties:
Head & Neck Surgery Oncology, Head & Neck Cancers, General Otolaryngology (ENT), Thyroid & Parathyroid Surgery, Melanoma / Skin Cancers

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

Bio:
Kevin Brumund, MD, is a board-certified head and neck surgeon whose practice is dedicated solely to the treatment of head and neck tumors. Dr. Brumund has extensive training and experience in cancer surgery and specializes in treating both benign and malignant tumors of the head and neck. This includes tumors of the entire upper aerodigestive tract (mouth, throat, nose, sinuses, and voice box), salivary glands (parotid and submandibular glands), neck, facial skin, thyroid and parathyroid glands.

Joseph A. Califano, III, MD
Head and Neck Surgeon
Director, Head and Neck Cancer Center
Vice Chief of Division of Otolaryngology, Department of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Cancer, Surgery

Subspecialties:
Head & Neck Cancers, Head & Neck Surgery Oncology, Minimally Invasive Surgery, Thyroid & Parathyroid Surgery

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Joseph A. Califano, III, MD, is a board-certified otolaryngologist who specializes in head and neck surgical oncology, and the integration of basic, molecular biologic research in that practice. His expertise includes minimally invasive treatment of tumors of the oral cavity, larynx, pharynx, thyroid, and neck to minimize cosmetic impact and maximize function, with an interest in tumors of the skull base, mouth, salivary glands, and premalignant conditions of the upper aerodigestive tract.
ENT/Head and Neck (Otolaryngology) - Head & Neck Surgery Oncology (cont.)

Charles Coffey, MD
Head and Neck Surgeon
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery, Cancer
Subspecialties:
Head & Neck Cancers, Head & Neck Surgery Oncology, Thyroid & Parathyroid Surgery

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Charles Coffey, MD is a board-certified otolaryngologist and fellowship-trained head and neck cancer surgeon who specializes in diagnosing and treating patients with a broad range of benign and malignant tumors of the head and neck.

Ryan K. Orosco, MD
Head and Neck Surgeon
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Cancer, Surgery
Subspecialties:
Head & Neck Cancers, Head & Neck Surgery Oncology, Minimally Invasive Surgery

Moores Cancer Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (866) 773-2703

Bio:
Ryan Orosco, MD, is a board-certified head and neck surgeon who specializes in the surgical treatment of benign and malignant tumors and complex reconstruction of the head and neck. He cares for patients with head and neck tumors, thyroid and parathyroid disorders, and cancer of the face, scalp, nose, mouth, tongue, and throat. Dr. Orosco is skilled in advanced reconstruction techniques, including microvascular free flaps, the transplant of tissue to restore function and appearance. He employs minimally invasive techniques, such as transoral robotic surgery and transoral laser microsurgery, when appropriate.
ENT/Head and Neck (Otolaryngology) - Hearing & Balance Disorders

Rick A. Friedman, MD, PhD
Neurotologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders

La Jolla - Perlman Medical Offices
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Rick Friedman, MD, PhD, is a board-certified neurotologist, a specialist who treats neurological disorders of the ear. He is a world-renowned expert in the treatment of acoustic neuroma, a benign tumor that develops on the main nerve connecting the ear to the brain. In addition to leading the acoustic neuroma program at UC San Diego Health, he also treats meningioma, neurofibromatosis type 2 (NF2), glomus tumors, hearing impairment, otosclerosis, Meniere’s disease, cholesteatoma, and chronic ear infections.

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)
Subspecialties:
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.
ENT/Head and Neck (Otolaryngology) - Hearing & Balance Disorders (cont.)

**Jeffrey P. Harris, MD, PhD**
Division Chief, Otolaryngology
Distinguished Professor

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

**Add'l Language:**
French

La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.

**Elina Kari, MD**
Neurotologist
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders,
Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who
specializes in neurotology, or the management of diseases of the inner ear,
temporal bone, and skull base, including tumors and other conditions. Her
main focus is in cochlear implants for hearing restoration and facial nerve
surgery.
Andrew Vahabzadeh-Hagh, MD
Otolaryngologist
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
General Otolaryngology (ENT), Laryngology

Add'l Language:
Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Andrew Vahabzadeh-Hagh, MD, is a board-certified otolaryngologist/head and neck surgeon who treats disorders of the ear, nose and throat. As a fellowship-trained laryngologist, Dr. Vahabzadeh-Hagh specializes in treating diseases of the larynx in both the clinic and in surgery, including complex airway, voice and swallowing disorders. This includes vocal fold paralysis or paresis, dysphonia secondary to benign or malignant laryngeal lesions, neurolaryngologic disorders such as spasmodic dysphonia, laryngeal tremor, vocal cord dysfunction, paradoxical vocal fold motion, professional voice, voice masculinization and feminization, and chronic cough.

Philip Weissbrod, MD
Director, Center for Voice and Swallowing
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialty:
Laryngology

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Philip Weissbrod, MD, is a board-certified otolaryngologist who has expertise in utilizing surgical and behavioral therapies to treat voice and swallowing conditions, including chronic cough, laryngeal tumors and dysplasia, neurological voice abnormalities, swallowing inability (due to head and neck cancer or neurologic disorder), and narrowing or scarring of the pharynx, larynx, subglottis or trachea.
ENT/Head and Neck (Otolaryngology) - Otology & Neurotology / Skull-Base Surgery

Rick A. Friedman, MD, PhD
Neurotologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders

La Jolla - Perlman Medical Offices
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Rick Friedman, MD, PhD, is a board-certified neurotologist, a specialist who treats neurological disorders of the ear. He is a world-renowned expert in the treatment of acoustic neuroma, a benign tumor that develops on the main nerve connecting the ear to the brain. In addition to leading the acoustic neuroma program at UC San Diego Health, he also treats meningioma, neurofibromatosis type 2 (NF2), glomus tumors, hearing impairment, otosclerosis, Meniere’s disease, cholesteatoma, and chronic ear infections.

Jeffrey P. Harris, MD, PhD
Division Chief, Otolaryngology
Distinguished Professor

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Facial Nerve Disorders, Hearing & Balance Disorders

Add'l Language:
French

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Dr. Harris is a neuro-otologic surgeon who deals with disorders of the ear, hearing and balance, and tumors that affect the skull base.
Elina Kari, MD  
Neurotologist  
Assistant Professor of Surgery

**Specialty:**  
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**  
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**  
Portuguese, Spanish

La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**  
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tymppanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.

Quyen Nguyen, MD, PhD  
Otolaryngologist  
Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**  
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

**Add'l Languages:**  
French, Vietnamese

La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**  
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
ENT/Head and Neck (Otolaryngology) - Sinus & Rhinology

Adam DeConde, MD
Head and Neck Surgeon
Assistant Clinical Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialty:
Sinus & Rhinology

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Bio:
Adam DeConde, MD, is a board certified head and neck surgeon with subspecialty training in endoscopic sinus surgery and skull base tumors.

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Bio:
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.

David B. Hom, MD, FACS
Otolaryngologist/Head and Neck Surgeon
Co-Director of Facial Plastic and Reconstructive Surgery, Division of Otolaryngology Head and Neck Surgery
Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT), Sinus & Rhinology

Hillcrest - UC San Diego Medical Center

Bio:
David Hom, MD, is a board-certified head and neck surgeon who helps patients improve abnormalities and functional defects of the face caused by injuries and skin cancer. His expertise includes treating facial (skin and bone) deformities, as well as Mohs skin cancer reconstruction. He also specializes in improving nasal breathing problems, nasal fractures and nasal obstruction.
Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine

Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology

Add'l Languages:
German, Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.
ENT/Head and Neck (Otolaryngology) - Thyroid & Parathyroid Surgery

Kevin Thomas Brumund, MD
Head and Neck Surgeon
Associate Professor of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery, Cancer

**Subspecialties:**
Head & Neck Surgery Oncology, Head & Neck Cancers, General Otolaryngology (ENT), Thyroid & Parathyroid Surgery, Melanoma / Skin Cancers

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

**Bio:**
Kevin Brumund, MD, is a board-certified head and neck surgeon whose practice is dedicated solely to the treatment of head and neck tumors. Dr. Brumund has extensive training and experience in cancer surgery and specializes in treating both benign and malignant tumors of the head and neck. This includes tumors of the entire upper aerodigestive tract (mouth, throat, nose, sinuses, and voice box), salivary glands (parotid and submandibular glands), neck, facial skin, thyroid and parathyroid glands.

Joseph A. Califano, III, MD
Head and Neck Surgeon
Director, Head and Neck Cancer Center
Vice Chief of Division of Otolaryngology, Department of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology), Cancer, Surgery

**Subspecialties:**
Head & Neck Cancers, Head & Neck Surgery Oncology, Minimally Invasive Surgery, Thyroid & Parathyroid Surgery

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

**Bio:**
Joseph A. Califano, III, MD, is a board-certified otolaryngologist who specializes in head and neck surgical oncology, and the integration of basic, molecular biologic research in that practice. His expertise includes minimally invasive treatment of tumors of the oral cavity, larynx, pharynx, thyroid, and neck to minimize cosmetic impact and maximize function, with an interest in tumors of the skull base, mouth, salivary glands, and premalignant conditions of the upper aerodigestive tract.
Charles Coffey, MD
Head and Neck Surgeon
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery, Cancer

Subspecialties:
Head & Neck Cancers, Head & Neck Surgery Oncology, Thyroid & Parathyroid Surgery

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Charles Coffey, MD is a board-certified otolaryngologist and fellowship-trained head and neck cancer surgeon who specializes in diagnosing and treating patients with a broad range of benign and malignant tumors of the head and neck.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health System.

Reid Allen Abrams, MD
Orthopedic Surgeon
Chief of Hand and Microvascular Surgery
Chair of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams' expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow wrist and hand; carpal tunnel syndrome; Dupuytren's contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Languages:
French, Spanish

La Jolla - Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating and preventing injuries associated with athletics. He is highly experienced in ultrasound guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
David E.J. Bazzo, MD  
**Primary Care Physician and Sports Medicine Specialist**  
**Professor of Family Medicine and Public Health**

**Specialties:**  
Primary Care, Family Medicine, Sports Medicine  

**Add'l Languages:**  
Italian, Spanish  

**Scripps Ranch - Mira Mesa Blvd**  
**La Jolla - 4520 Executive Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7750

**Bio:**  
David E.J. Bazzo, MD, is a board-certified family medicine doctor who specializes in sports medicine. Dr. Bazzo's expertise includes diagnosing, treating and preventing injuries associated with athletics. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. Currently, he sees patients for sports injuries through referral.

Douglas Chang, MD, PhD  
**Chief of Physical Medicine and Rehabilitation Service**  
**Professor of Orthopaedic Surgery**

**Specialties:**  
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine  

**Subspecialties:**  
Spine, Sports Medicine  

**Add'l Language:**  
German  

**Encinitas - Garden View**  
**Hillcrest - Medical Offices North**  
**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

**Bio:**  
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

Dana Curtis Covey, MD  
**Orthopedic Surgeon and Sports Medicine Physician**  
**Clinical Professor of Orthopedic Surgery**

**Specialties:**  
Sports Medicine, Orthopedics, Surgery

**Encinitas - Garden View**

**Contact:**  
New Patient Registration: (800) 926-8273

**Bio:**  
Dana Covey, MD, is a board-certified orthopedic surgeon. He specializes in sports medicine with an emphasis on knee and shoulder injuries. Dr. Covey sees patients with knee ligament tears and shoulder dislocation.
Sports Medicine (cont.)

David J. Dalstrom, MD
Orthopedic Surgeon

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Foot & Ankle, Orthopedic Trauma

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.

Eric Hentzen, MD, PhD
Orthopedic Surgeon
Assistant Professor of Orthopedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Add'l Languages:
German, Spanish

Encinitas - Garden View
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Dr. Hentzen, assistant professor of orthopedic surgery, specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
Sports Medicine (cont.)

William T. Kent, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine
Subspecialty:
Orthopedic Trauma
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 4520 Executive Drive
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
William Kent, MD, is an orthopedic surgeon who specializes in treating fractures related to trauma, sports injuries and fractures around total joint replacements. His clinical practice includes treating fractures of the acetabulum, hip, pelvis, clavicle, humerus, elbow, forearm, femur, tibia, ankle and foot.

Bryan T. Leek, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine
Subspecialty:
Hand & Upper Extremity

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Bryan Leek, MD, is a board-certified orthopedic surgeon who specializes in caring for sports and upper extremity injuries, including arthroscopy and reconstruction of the knee, shoulder, elbow, wrist, and hand. He has a particular interest in treating shoulder injuries, performing arthroscopic and open techniques in repair and reconstruction. He performs both anatomic and reverse shoulder arthroplasty. He treats traumatic, overuse, and degenerative injuries, including arthritis of both the upper and lower extremity. Dr. Leek is also trained in trained in microscopic and minimally invasive surgical techniques involving the hand and upper extremity.
Sports Medicine (cont.)

Amy Leu, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

Add'l Language:
Spanish

Scripps Ranch - Mira Mesa Blvd
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Amy Leu, DO, is a board-certified family medicine doctor who specializes in sports medicine. Her expertise includes diagnosing, treating and preventing injuries associated with athletics, including acute and stress fractures, sprains and overuse injuries. She also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Sarah Merrill, MD
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Language:
Spanish

Scripps Ranch - Mira Mesa Blvd
La Jolla - 4520 Executive Drive
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750
Direct Clinic Line: (858) 657-8200

Bio:
Sarah Merrill, MD, is a board-certified family medicine doctor who specializes in sports medicine. In addition to diagnosing and treating injuries associated with athletics, Dr. Merrill provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. She also has a special interest in rehabilitating individuals with yoga injuries, as well as performing ultrasound guided diagnostics and procedures.
Sports Medicine (cont.)

Matthew Meunier, MD
Orthopedic Surgeon
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Sports Medicine, Hand & Upper Extremity

Hilcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and serves as associate team physician for the San Diego Padres.

Catherine M. Robertson, MD
Chief of Sports Medicine
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Joint, Sports Medicine

Additional Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Catherine M. Robertson, MD, is a board-certified orthopedic surgeon who specializes in treating injuries of the shoulder, knee and hip. She uses minimally invasive techniques for restoring joint function and to treat complex ligament, tendon, cartilage and meniscus injuries. Dr. Robertson is one of the few physicians in Southern California with specialized training in hip arthroscopy (minimally invasive hip surgery) and uses this advanced technique to treat femoroacetabular impingement (FAI) and labral tears of the hip.
Sports Medicine (cont.)

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - Genesee Avenue
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health's Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.

Kenneth S. Taylor, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine
Add'l Language:
Spanish

La Jolla - Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a special interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Sports Medicine (cont.)

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale's expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.

Natalie Voskanian, MD
Sports Medicine Physician
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Add'l Languages:
Armenian, Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Natalie Voskanian, MD, is a board-certified sports medicine physician with expertise in the nonsurgical treatment of sports-related injuries and musculoskeletal conditions, including sprains, ligament injuries, tendonitis and overuse injuries such as runner’s knee.
# Index

| A | Abrams, Reid Allen ................................................. 19 |
|   | Achar, Suraj A. .................................................. 19 |
| B | Bazzo, David E.J. .................................................. 20 |
|   | Brumund, Kevin Thomas ................................. 3, 7, 17 |
| C | Califano, Ill, Joseph A. ........................................ 7, 17 |
|   | Chang, Douglas .................................................. 20 |
|   | Coffey, Charles ................................................. 8, 18 |
|   | Covey, Dana Curtis ............................................. 20 |
| D | Dalstrom, David J. .............................................. 21 |
|   | DeConde, Adam .................................................. 15 |
| E | Eastman, Amelia ................................................. 21 |
| F | Friedman, Rick A. .............................................. 9, 13 |
| G | Gilani, Sapideh ................................................. 2, 3, 9, 15 |
| H | Harris, Jeffrey P. ............................................. 1, 10, 13 |
|   | Hentzen, Eric .................................................. 21 |
|   | Horn, David B. .................................................. 2, 4, 15 |
| K | Kari, Elina ..................................................... 4, 10, 14 |
|   | Kent, William T. ............................................... 22 |
| L | Leek, Bryan T. .................................................. 22 |
|   | Leu, Amy ....................................................... 23 |
| M | Merrill, Sarah .................................................. 23 |
|   | Meunier, Matthew ............................................. 24 |
| N | Nguyen, Quyen ............................................... 1, 11, 14 |
| O | Orosco, Ryan K. .............................................. 8, 24 |
| R | Robertson, Catherine M. ......................... 24, 25, 26 |
| S | Schalch Lepe, Paul ........................................... 5, 24 |
|   | Shahtaji, Alan .................................................. 25 |
| T | Taylor, Kenneth S. .......................................... 25, 26 |
| V | Vahabzadeh-Hagh, Andrew ......................... 5, 12, 26 |
|   | Vitale, Kenneth ............................................. 26, 27 |
|   | Voskanian, Natalie ........................................ 26, 27 |
| W | Watson, Deborah ............................................ 2, 6, 12 |
|   | Weissbrod, Philip ........................................... 12, 27 |