Physician Directory

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UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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Physician Access Services

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Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Amruti Borad, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, with a special interest in the management of chronic diseases, such as diabetes, high blood pressure, high cholesterol, kidney disease and liver disease. She also focuses on women's health, including contraception and menopause; all aspects of pediatrics and adolescent health; and the treatment of chronic pain with osteopathic manipulative therapy.

Lisa M. Coles, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

Anthony Bustamante, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.

Yewah Jung, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7965

Bio:
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.
Hang Tran, DO, MPH  
Primary Care Physician

Specialties:  
Primary Care, Family Medicine  
Add'l Language:  
Vietnamese

Rancho Bernardo - Via Tazon

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

Bio:  
Hang Tran, DO, is a board-certified family medicine doctor who treats patients of all ages, including children, adolescents, adults, and seniors. She focuses on preventive care, as well as the diagnosis and treatment of acute and chronic diseases. Dr. Tran also focuses on weight management and osteopathic manipulative therapy. She performs a variety of office procedures, including skin biopsies, joint injections, and laceration repairs.

Anna Van Niekerk, DO  
Primary Care Physician

Specialties:  
Primary Care, Family Medicine  
Add'l Languages:  
Afrikaans, Spanish

Rancho Bernardo - Via Tazon

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

Bio:  
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adults, and seniors. She provides preventative care, as well as the diagnosis and treatment of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women’s health.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Clark Bach, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.
**Tamantha (Tami) Arlata, MD**  
Pediatrician  

**Specialties:**  
Pediatrics, Primary Care  

**Subspecialty:**  
General Pediatrics  

**Add'l Language:**  
Tagalog  

**Rancho Bernardo - Via Tazon**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452  

**Bio:**  
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

**Robert Coles, MD**  
Pediatrician  

**Specialties:**  
Pediatrics, Primary Care  

**Subspecialty:**  
General Pediatrics  

**Rancho Bernardo - Via Tazon**  
**Encinitas - Encinitas Blvd**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Rancho Bernardo: (858) 605-4452  
Direct Clinic Line - Encinitas: (760) 452-7966  

**Bio:**  
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

**Sabiha Hussain, MD**  
Pediatrician  

**Specialties:**  
Pediatrics, Primary Care  

**Subspecialty:**  
General Pediatrics  

**Add'l Language:**  
Urdu  

**Rancho Bernardo - Via Tazon**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452  

**Bio:**  
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.
Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.
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