UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

**Patient Access**

**Request an Appointment**
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

→ **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

→ **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

**Referring Physician Access**

**Transfer a Patient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

**Consultations**
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
Locations

La Jolla
4510 and 4520 Executive Drive
San Diego, CA 92121
8910 Villa La Jolla Drive
La Jolla, CA 92037
8899 and 8929 University Center Lane
San Diego, CA 92122
8939 Villa La Jolla Drive
La Jolla, CA 92037
9333 Genesee Avenue
San Diego, CA 92121
8950 Villa La Jolla Drive
La Jolla, CA 92037
9350 Campus Point Drive
La Jolla, CA 92037
Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093
Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093
Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Hillcrest
4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103
Medical Offices North
200 West Arbor Drive
San Diego, CA 92103
Medical Offices South
4168 Front Street
San Diego, CA 92103
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Encinitas
1200 Garden View Road
Encinitas, CA 92024
477 North El Camino Real
Encinitas, CA 92024

Vista
910 Sycamore Avenue
Vista, CA 92081

Scripps Ranch
9909 Mira Mesa Blvd.
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Rady Children’s Hospital-San Diego
3020 Children’s Way
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway
Temecula, CA 92952

Sorrento Valley
4910 Directors Place
San Diego, CA 92121
# Table of Contents

**Family Medicine**
- Integrative & Holistic Medicine ................................................................. i

**Internal Medicine** ..................................................................................... 2

**Pediatrics**
- Adolescent Medicine .................................................................................... i
- Complex Care Pediatrics ................................................................................ i
- Developmental-Behavioral Pediatrics .............................................................. i
- General Pediatrics ......................................................................................... 4
- Neonatal-Perinatal Medicine .......................................................................... i
- Newborn Hospital Care ................................................................................... i
- Travel Medicine ............................................................................................ i

Index .................................................................................................................. 6
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Amruti Borad, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, with a special interest in the management of chronic diseases, such as diabetes, high blood pressure, high cholesterol, kidney disease and liver disease. She also focuses on women's health, including contraception and menopause; all aspects of pediatrics and adolescent health; and the treatment of chronic pain with osteopathic manipulative therapy.

Anthony Bustamante, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.

Lisa M. Coles, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to providing full-spectrum primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

Yewah Jung, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.
Family Medicine (cont.)

Hang Tran, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Additional Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Hang Tran, DO, is a board-certified family medicine doctor who treats patients of all ages, including children, adolescents, adults, and seniors. She focuses on preventive care, as well as the diagnosis and treatment of acute and chronic diseases. Dr. Tran also focuses on weight management and osteopathic manipulative therapy. She performs a variety of office procedures, including skin biopsies, joint injections, and laceration repairs.

Anna Van Niekerk, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Additional Languages:
Afrikaans, Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adults, and seniors. She provides preventative care, as well as the diagnosis and treatment of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women’s health.

Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Clark Bach, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Additional Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Leah M. Bruno, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Leah Bruno, MD, is an internist who provides primary care to adults, including preventive care, and diagnosis and treatment of acute and chronic diseases. Her practice includes the care of children and she has a special interest in adolescent medicine, providing care for teens and older young adults who may consider transitioning to an adult primary care doctor.
Internal Medicine (cont.)

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Leah M. Bruno, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Leah Bruno, MD, is an internist who provides primary care to adults, including preventive care, and diagnosis and treatment of acute and chronic diseases. Her practice includes the care of children and she has a special interest in adolescent medicine, providing care for teens and older young adults who may consider transitioning to an adult primary care doctor.

Pediatrics

Pediatrics is the branch of medicine concerned with children’s health and the prevention and treatment of illnesses in children. Learn more about [pediatrics](https://health.ucsd.edu) at UC San Diego Health System.

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Leah M. Bruno, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Leah Bruno, MD, is an internist who provides primary care to adults, including preventive care, and diagnosis and treatment of acute and chronic diseases. Her practice includes the care of children and she has a special interest in adolescent medicine, providing care for teens and older young adults who may consider transitioning to an adult primary care doctor.
Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
- Pediatrics
- Primary Care

Subspecialty:
- General Pediatrics

Add'l Language:
- Tagalog

Rancho Bernardo - Via Tazon

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 605-4452

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

Sabiha Hussain, MD
Pediatrician

Specialties:
- Pediatrics
- Primary Care

Subspecialty:
- General Pediatrics

Add'l Language:
- Urdu

Rancho Bernardo - Via Tazon

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 605-4452

Bio:
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.

Robert Coles, MD
Pediatrician

Specialties:
- Pediatrics
- Primary Care

Subspecialty:
- General Pediatrics

Rancho Bernardo - Via Tazon

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 605-4452

Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

Breanna (Bree) Lustre, MD
Pediatrician

Specialties:
- Pediatrics
- Primary Care

Subspecialty:
- General Pediatrics

Rancho Bernardo - Via Tazon

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 605-4452

Bio:
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.
Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides compassionate, evidence-based primary care to newborns and children up to age 18. He has a special interest in newborn care and helping parents with their infant care questions and concerns. Dr. Shleifer also provides well-check and sick visits, treats injuries; manages chronic pediatric conditions such as asthma, eczema (atopic dermatitis); and treats certain behavioral health conditions, such as attention-deficit/hyperactivity disorder (ADHD).
Index

A
Arlata, Tamantha (Tami) ............................................. 4

B
Bach, Clark .............................................................. 2
Borad, Amruti ......................................................... 1
Bruno, Leah M. ....................................................... 2, 3
Bustamante, Anthony ............................................. 1

C
Coles, Lisa M. .......................................................... 1
Coles, Robert .......................................................... 4

E
Elias, Dalia .............................................................. 3

H
Hussain, Sabiha ...................................................... 4

J
Jung, Yewah ............................................................ 1

L
Lustre, Breanna (Bree) .......................................... 4

S
Shleifer, Benjamin ................................................. 5
Smith, Michael A. ............................................... 3

T
Tran, Hang ............................................................. 2

V
Van Niekerk, Anna ................................................. 2