UC San Diego Health Physician Directory

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Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - 4373 La Jolla Village Drive

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Shirin Alonzo, MD, MPH
Pediatrician

Specialties:
Pediatrics, Primary Care
Add'l Language:
Farsi

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Shirin Alonzo, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their developmental stages. She has a special interest in caring for children who have medically fragile or special needs.

William J. Ackerman, MD
Primary Care Physician for Concierge Medicine Patients
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
William Ackerman, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care, diagnosis, and treatment of acute and chronic diseases.

Mark Amis, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line - Temecula: (951) 252-8650

Bio:
Mark Amis, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Tagalog

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also experienced in both the acute and preventive management of asthma.

Hadid Ashraf, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Farsi

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Hadid Ashraf, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

John D. Awad, MD
Primary Care Physician

Specialty:
Primary Care

Carlsbad - 7740 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
John Awad, MD, provides primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Carly Babis, PA
Physician Assistant

Specialties:
Primary Care

Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Carly Babis, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Clark Bach, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Sam Baroudi, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Arabic, French

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Sam Baroudi, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Cristina Bailey, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Cristina Bailey, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Victoria Bayliss, MPH, PA-C
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Victoria Bayliss, MPH, is a certified physician assistant (PA-C) providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Susan Behnawa, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Susan Behnawa, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Puneet Bhalrhu, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Downtown - West C Street
Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 333-4977

Bio:
Puneet Bhalrhu, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Jill S. Blumenthal, MD
Infectious Disease Specialist
Assistant Professor of Medicine

Specialties:
Infectious Diseases, HIV/AIDS, Primary Care

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Jill Blumenthal, MD, is a board-certified infectious disease physician who provides primary care services and specializes in caring for children, teens, and adults with HIV and AIDS. She has expertise in caring for transgender and gender non-conforming individuals seeking hormone replacement therapy and other supportive care. She also has extensive experience in HIV prevention using pre-exposure prophylaxis (PrEP) for HIV-uninfected individuals. Dr. Blumenthal cares for people at the UC San Diego Mother, Child and Adolescent HIV Program and UC San Diego Health's Owen Clinic, one of America's top HIV care programs.

Amruti Borad, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, with a special interest in the management of chronic diseases, such as diabetes, high blood pressure, high cholesterol, kidney disease and liver disease. She also focuses on women's health, including contraception and menopause; all aspects of pediatrics and adolescent health; and the treatment of chronic pain with osteopathic manipulative therapy.
Primary Care (cont.)

Adam Braddock, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Developmental-Behavioral Pediatrics, General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Kelsey Brangoccio, PA
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

Claremont - Moraga Avenue
Normal Heights - Adams Ave
Chula Vista - J Street

Contact:
Direct Clinic Line: (858) 799-0855

Bio:
Kelsey Brangoccio, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Anthony Bustamante, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.

Karen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Daniel Camarillo, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish
Menifee - Haun Road
Contact:
Direct Clinic Line: (951) 723-3800
Bio:
Daniel Camarillo, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Nicholas Canelo, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
La Jolla - Ivanhoe Avenue
Contact:
Direct Clinic Line: (858) 869-0188
Bio:
Nicholas Canelo, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of UC San Diego Health Physician Network.

Alonso Chan, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Add'l Language:
Spanish
Chula Vista - J Street
Contact:
Direct Clinic Line: (858) 779-2366
Bio:
Alonso Chan, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Alexandra Chatfield, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Normal Heights - Adams Ave
Contact:
Direct Clinic Line: (858) 617-0717
Bio:
Alexandra Chatfield, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Maribeth Chong, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Tagalog

Carlsbad - 6260 El Camino Real
Contact:
Direct Clinic Line:: (760) 434-6060
Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

Belen S. Clark, MD
Primary Care Physician
Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog

Vista - 1954 Via Centre
Contact:
Direct Clinic Line:: (760) 529-9700
Bio:
Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Lisa M. Coles, MD
Primary Care Physician
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 605-4452
Bio:
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

Robert Coles, MD
Pediatrician

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo:: (858) 605-4453
Direct Clinic Line - Encinitas:: (760) 452-7966
Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.
Primary Care (cont.)

Matthew Combs, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - Single Oak Drive
Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Matthew Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Vanessa Cordova, MSN, APRN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Vanessa Cordova, MSN, APRN, FNP, is a certified family nurse practitioner providing primary care through Tri-City Primary Care. She is a member of UC San Diego Health Physician Network.

Walter F. Combs, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Walter Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Connie Cordrey, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care
Add'l Language:
Mandarin

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Connie Cordrey, PA, is a certified physician assistant providing primary care through the Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Shane Cordrey, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Hemet - W. Stetson Avenue

Contact:

Bio:
Shane Cordrey, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Michelle Etesami Cross, FNP
Family Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Michelle Cross, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Janet Crow, MD, FAAP
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients and caring for them as they grow and change.

Anarella Diaz, NP
Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Ana Diaz, NP, is a certified nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Ian Diaz, MD
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Add'l Language:**
Spanish

**Encinitas - Encinitas Blvd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 452-7965

**Bio:**
Ian Diaz, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. His practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. He has a particular interest in continuity care and urgent care services.

Dalia Elias, MBBS
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Malayalam

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Belinda Drake, FNP
Family Nurse Practitioner

**Affiliated Provider**

**Specialty:**
Primary Care

**Menifee - Haun Road**

**Contact:**
Direct Clinic Line: (951) 723-3800

**Bio:**
Belinda (Lyn) Drake, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Mohammed K. Elsayed, MD
Primary Care Physician

**Affiliated Provider**

**Specialties:**
Primary Care, Family Medicine

**Chula Vista - Oxford St**

**Contact:**
Direct Clinic Line: (619) 409-1802

**Bio:**
Mohammed Elsayed, MD, is a board-certified physician providing primary care through his practice in Chula Vista. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Linda S. Falconio, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - W. Vista Way

Contact:
Direct Clinic Line: (760) 631-4000

Bio:
Linda Falconio, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Rodrigo J. Fernandez, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Additional Language:
Spanish

Chula Vista - 4th Avenue

Contact:
Direct Clinic Line: (619) 476-9054

Bio:
Rodrigo Fernandez, MD, is a board-certified physician providing primary care in Chula Vista. He is a member of UC San Diego Health Physician Network.

Jeffrey Ferber, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Jeffrey Ferber, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Charles Frederick Fraley, III, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Murrieta - Jackson Avenue

Contact:
Direct Clinic Line: (951) 225-6287

Bio:
Charles Fraley, III, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Julie Gabbard, FNP
Family Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3636 Fifth Avenue

Contact:
Direct Clinic Line: (619) 814-5500

Bio:
Julie Gabbard, FNP, is a certified family nurse practitioner providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.

Danielle Godino, NP
Nurse Practitioner

Specialties:
Primary Care, Family Medicine

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9260
Direct Clinic Line - La Jolla: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:
Danielle Godino is a board-certified family nurse practitioner. She treats patients across their lifespan and provides both preventive care and management of acute and chronic diseases. Danielle is also skilled in procedures such as suturing, incision and drainage, cryotherapy, and skin biopsies.

Samuel Galloway, MD
Primary Care Physician and Sports Medicine Specialist

Specialties:
Primary Care, Family Medicine, Sports Medicine

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 4520 Executive Drive
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9260
Direct Clinic Line - La Jolla: (858) 657-8600

Bio:
Sam Galloway, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating and preventing injuries associated with athletics. He is skilled in performing joint injections and other ultrasound-guided procedures for musculoskeletal conditions.

Nancy Graff, MD
Clinical Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. "Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods."
Primary Care (cont.)

Janette Gray, MD
Primary Care Physician
Affiliated Provider
Specialty:
Primary Care
Hillcrest - 3636 Fifth Avenue
Contact:
Direct Clinic Line: (619) 814-5500
Bio:
Janette Gray, MD, is a board-certified physician providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.

Catherine Hanson, FNP
Family Nurse Practitioner
Affiliated Provider
Specialty:
Primary Care
Menifee - Haun Road
Contact:
Direct Clinic Line: (951) 723-3800
Bio:
Catherine Hanson, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Rolando Gutierrez, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish
Menifee - Haun Road
Contact:
Direct Clinic Line: (951) 723-3800
Bio:
Rolando Gutierrez, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Alma Harb, MD
Primary Care Physician for Concierge Medicine Patients
Specialties:
Primary Care, Internal Medicine, Concierge Medicine
Add'l Languages:
Arabic, French, Spanish
La Jolla - 8899 University Center Lane
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000
Bio:
Alma Harb, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Meredith Hartle, DO
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Downtown - Columbia St
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Meredith Hartle, DO, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine
Specialties:
Primary Care, Internal Medicine
Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000
Bio:
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.

Ryan Heitman, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Temecula - Single Oak Drive
Contact:
Direct Clinic Line: (951) 252-8650
Bio:
Ryan Heitman, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Julie Hoffman, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line: (858) 554-1212
Bio:
Julie Hoffman, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Amber Holden, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Amber Holden, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Sabiha Hussain, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Urdu

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

Bio:
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.

Melissa Hurd, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Vista - Thunder Dr

Contact:
Direct Clinic Line: (760) 758-1988

Bio:
Melissa Hurd, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Tae-Woong Im, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Korean

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Tae-Woong Im, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Mary Jaramillo, MD
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

**Bio:**
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Yewah Jung, DO, MPH
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Eastlake Chula Vista - Otay Lakes Rd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 502-7855

**Bio:**
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.

Leslie Karr, FNP
Family Nurse Practitioner

**Affiliated Provider**

**Specialty:**
Primary Care

**Hillcrest - 3636 Fifth Avenue**

**Contact:**
Direct Clinic Line: (619) 814-5500

**Bio:**
Leslie Karr, FNP, is a certified family nurse practitioner providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.

Leslie D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care
**Subspecialties:**
Travel Medicine, General Pediatrics
**Add'l Languages:**
French, Spanish

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.
Primary Care (cont.)

Natalia Kovaleski, PA  
Physician Assistant

Affiliated Provider

Specialty:  
Primary Care

Add'l Language:  
Spanish

Contact:  
Direct Clinic Line: (858) 558-0399

Bio:  
Natalia Kovaleski, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Maya M. Kumar, MD  
Adolescent Medicine/Pediatrics Physician

Specialties:  
Pediatrics, Primary Care

Subspecialties:  
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:  
Direct Clinic Line: (858) 496-4800

Bio:  
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.

Jane Kroese, FNP  
Family Nurse Practitioner

Affiliated Provider

Specialties:  
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

Contact:  
Direct Clinic Line: (858) 312-5492

Bio:  
Jane Kroese, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Deborah C. Layton, FNP  
Family Nurse Practitioner

Affiliated Provider

Specialty:  
Primary Care

Temecula - Single Oak Drive

Contact:  
Direct Clinic Line: (951) 252-8650

Bio:  
Deborah Layton, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Michelle L. Leff, MD
Newborn Hospitalist and Pediatrician
Associate Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
Newborn Hospital Care
Additional Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

Bio:
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.

Shannon Leung, MD, MPH
Pediatrician

Specialties:
Pediatrics, Primary Care

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Shannon Leung, MD, MPH, is a board-certified pediatrician who provides primary care for infants, children, adolescents, and young adults up to age 21.

Neil Levine, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.

Breanna (Bree) Lustre, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (619) 541-4787

Bio:
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.
Primary Care (cont.)

Caitlin MacMillen, DO  
Primary Care Physician  

Specialties:  
Primary Care, Family Medicine, Osteopathic Medicine  

La Jolla - 9333 Genesee Avenue  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600  

Bio:  
Caitlin MacMillen, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children, with a special interest in women’s health and integrative medicine. As an osteopath, she has a whole-body approach to medicine and is experienced in osteopathic manipulative treatment, a type of hands-on care that diagnoses and treats illness and injury by moving a person’s muscles and joints to ease pain and increase mobility.

Richard Eric James Madrid, MD  
Primary Care Physician  

Affiliated Provider  

Specialties:  
Primary Care, Family Medicine  

Menifee - Haun Road  

Contact:  
Direct Clinic Line: (951) 723-3800  

Bio:  
Eric Madrid, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Ramona Master, MD  
Primary Care Physician for Concierge Medicine Patients  

Specialties:  
Concierge Medicine, Internal Medicine, Primary Care  

Add'l Language:  
Gujarati  

La Jolla - 8899 University Center Lane  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-5000  

Bio:  
Ramona Master, MD, is a board-certified internal medicine doctor. Dr. Master treats adults through the concierge medicine program at UC San Diego Health, where she specializes in preventive medicine and chronic disease management. Concierge Medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.

Christyanne Maxson, MD  
Primary Care Physician  

Affiliated Provider  

Specialties:  
Primary Care, Internal Medicine  

La Jolla - 9850 Genesee Avenue  

Contact:  

Bio:  
Christian Maxson, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Carlsbad - 7740 El Camino Real
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Robert McDaniel, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Temecula - Single Oak Drive
Contact:
Direct Clinic Line: (951) 252-8650
Bio:
Robert McDaniel, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Johanna McEwen-Morofski, PA
Physician Assistant
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Vista - W. Vista Way
Contact:
Direct Clinic Line: (760) 631-4000
Bio:
Johanna McEwen-Morofski, PA, is a certified physician assistant providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Brenna Memole, AGNP
Adult-Gerontological Nurse Practitioner
Affiliated Provider
Specialty:
Primary Care
Add'l Language:
Spanish
La Jolla - Ivanhoe Avenue
Contact:
Direct Clinic Line: (858) 554-1212
Bio:
Brenna Memole, AGNP, is a certified adult-gerontology nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Talha Memon, MD
Primary Care Physician
Affiliated Provider

Specialties:
Family Medicine, Primary Care

Add'l Languages:
Hindi, Urdu

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Talha Memon, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Georgiana Miller, DO
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Tagalog

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Georgiana Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Brandon Miller, DO
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Fallbrook - E. Elder

Contact:
Direct Clinic Line: (760) 728-8344

Bio:
Brandon Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Raechel Mora, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Raechel Mora, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Brooke Myrberg, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3900 Fifth Avenue
Normal Heights - Adams Ave

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Brooke Myrberg, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Vista - Sycamore Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Loren S. Novak, DO
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Loren Novak, DO, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Daniel Christopher Nuñez, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Add'l Language:
Spanish

Temecula - 31720 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6838

Bio:
Daniel Nuñez, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Bruce Olmscheid, MD  
Affiliated Provider  

Specialty:  
Primary Care  

Downtown - Columbia St  

Contact:  
Direct Clinic Line: (619) 232-3500  

Bio:  
Bruce Olmscheid, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Kenneth Ortiz, MD  
Primary Care Physician  
Affiliated Provider  

Specialties:  
Primary Care, Family Medicine  

Downtown - West C Street  
Hillcrest - 3900 Fifth Avenue  

Contact:  
Direct Clinic Line: (858) 554-1212  

Bio:  
Kenneth Ortiz, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Richard Parker, DO  
Primary Care Physician and Sports Medicine Specialist  
Affiliated Provider  

Specialties:  
Primary Care, Family Medicine, Sports Medicine  

College Area - 6699 Alvarado Rd  

Contact:  

Bio:  
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.

Bret D. Pickering, MD  
Director, Pediatrics and Adolescent Medicine  
Professor of Pediatrics  

Specialties:  
Pediatrics, Primary Care  
Subspecialties:  
Complex Care Pediatrics, General Pediatrics  
Add'l Language:  
Spanish  

Kearny Mesa - Frost Street  

Contact:  
Direct Clinic Line: (858) 496-4800  

Bio:  
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.
Primary Care (cont.)

Sarah Pierce, MSN, FNP
Family Nurse Practitioner
Affiliated Provider
Specialties:
Primary Care, Family Medicine
La Jolla - Ivanhoe Avenue
Contact:
Direct Clinic Line: (858) 869-0188
Bio:
Sarah Pierce, MSN, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Maisara Rahman, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Temecula - 31150 Temecula Parkway
Contact:
Direct Clinic Line: (951) 225-6827
Bio:
Maisara Rahman, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Michael Pietila, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Vista - 1926 Via Centre
Contact:
Direct Clinic Line: (760) 940-7000
Bio:
Michael Pietila, MD, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Philippa Rai, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
La Jolla - 9850 Genesee Avenue
Chula Vista - J Street
Contact:
Direct Clinic Line: (858) 864-9800
Bio:
Philippa Rai, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Elizabeth Salada, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.

Jessica A. Sarder, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Add'l Language:
Spanish
Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line: (858) 554-1212
Bio:
Jessica Sarder, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Samantha Schouweiler, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Normal Heights - Adams Ave
Contact:
Direct Clinic Line: (858) 617-0717
Bio:
Samantha Schouweiler, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics
Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street
Contact:
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.
Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

Daphna Shlomo, MPH, MMS, PA-C
Physician Assistant

Specialty:
Primary Care
Add'l Language:
Hebrew

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Daphna Shlomo, MPH, MMS, is a certified physician assistant providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Pamela A. Wong Simmons, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Pamela Wong Simmons, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Kelli Alicia Smith, PA
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Kelli Smith, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Kelly Snowden, PA
Physician Assistant

Affiliated Provider

Specialty:
Primary Care

La Jolla - Ivanhoe Avenue

Contact:
Direct Clinic Line: (858) 869-0188

Bio:
Kelly Snowden, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of UC San Diego Health Physician Network.

Youstina Soliman, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Contact:
Direct Clinic Line: (858) 558-0399

Bio:
Youstina Soliman, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Mary Steinhoff, NP
Nurse Practitioner

Affiliated Provider

Specialty:
Primary Care

Fallbrook - E. Elder

Contact:
Direct Clinic Line: (760) 728-8344

Bio:
Mary Steinhoff Holt, NP, is a certified nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Ryan W. Stewart, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (760) 697-3000

Bio:
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Christine A. Sullivan, FNP
Family Nurse Practitioner

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line:: (858) 312-5492

Bio:
Christine Sullivan, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Janine Thorson, MSN, FNP-C
Family Nurse Practitioner

Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line:: (951) 723-3800

Bio:
Janine Thorson, MSN, is a certified family nurse practitioner (FNP-C) providing primary care at Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Kanani E. Titchen, MD, FAAP
Adolescent Medicine Physician/Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
Adolescent Medicine

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line:: (858) 496-4800

Bio:
Kanani Titchen, MD, is an adolescent medicine physician and board-certified pediatrician who provides primary care for young people ages 10 to 26, while specializing in the unique physical, social and emotional conditions of their life stages. Dr. Titchen has expertise in trauma-sensitive adolescent reproductive and sexual health (including long-acting reversible contraception, problems with menstruation, and sexual assault/abuse and sex trafficking); health care for lesbian, gay, bisexual and transgender youth; and the use of pre-exposure prophylaxis (PrEP) medication in preventing HIV infection.
Primary Care (cont.)

Rebekah Tolopilo, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Rebekah Tolopilo, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Rhodaline Tootell, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - 9850 Genesee Avenue

Contact:
Direct Clinic Line: (858) 864-9800

Bio:
Rhodaline Tootell, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Amy Trewella, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Amy Trewella, MD, is a board-certified physician providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

La Jolla - 4373 La Jolla Village Drive

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

**Michelle Uttaburanont, MD**  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Internal Medicine  
Temecula - 31150 Temecula Parkway  
Contact:  
Direct Clinic Line: (951) 225-6827  
Bio:  
Michelle Uttaburanont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

**Anna Van Niekerk, DO**  
Primary Care Physician  
Specialties:  
Primary Care, Family Medicine  
Add'l Languages:  
Afrikaans, Spanish  
Rancho Bernardo - Via Tazon  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452  
Bio:  
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adults, and seniors. She provides preventative care, as well as the diagnosis and treatment of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women's health.

**Katherine Uvelli, MD**  
Primary Care Physician  
Specialties:  
Primary Care, Family Medicine  
Encinitas - Encinitas Blvd  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 452-7965  
Bio:  
Katherine Uvelli, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic diseases.

**Jeanine Wagner, MSN, NP-C**  
Nurse Practitioner  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Temecula - Single Oak Drive  
Contact:  
Direct Clinic Line: (951) 252-8650  
Bio:  
Jeanine Wagner, MSN, is a certified nurse practitioner (NP-C) providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Rome Charles Walter, DO
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Hemet - W. Stetson Avenue
Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Rome Walter, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Helen C. Wang, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty: General Pediatrics
Add'l Language: Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla
Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.

Cortney Wilcox, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Courtney Wilcox, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty: General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla
Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
Primary Care (cont.)

Yulia Yartseva, MSN, APRN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine
Add'l Language:
Russian

Clairemont - Moraga Avenue

Contact:
Direct Clinic Line: (858) 799-0855

Bio:
Yuliya Yartseva, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
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