UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Locations

<table>
<thead>
<tr>
<th>La Jolla</th>
<th>Encinitas</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>La Jolla Emergency</strong></td>
<td>Includes <strong>Encinitas Express Care (Suite 110)</strong></td>
</tr>
<tr>
<td>Sulpizio Cardiovascular Center</td>
<td>1200 Garden View Road</td>
</tr>
<tr>
<td>9434 Medical Center Drive</td>
<td>Encinitas, CA 92024</td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td>477 North El Camino Real</td>
</tr>
<tr>
<td><strong>La Jolla Urgent Care</strong></td>
<td>Encinitas, CA 92024</td>
</tr>
<tr>
<td>8910 Villa La Jolla Drive</td>
<td><strong>College Area</strong></td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td>6719 Alvarado Road, Suite 302</td>
</tr>
<tr>
<td><strong>Orthopedics Urgent Care</strong></td>
<td>San Diego, CA 92120</td>
</tr>
<tr>
<td><strong>Sports Medicine</strong></td>
<td><strong>Downtown</strong></td>
</tr>
<tr>
<td>4520 Executive Drive, Suite Plaza 1</td>
<td>Downtown Express Care</td>
</tr>
<tr>
<td>San Diego, CA 92121</td>
<td>203 West F Street</td>
</tr>
<tr>
<td>4510 and 4520 Executive Drive</td>
<td>San Diego, CA 92101</td>
</tr>
<tr>
<td>San Diego, CA 92121</td>
<td><strong>Vista</strong></td>
</tr>
<tr>
<td>8910 Villa La Jolla Drive</td>
<td>910 Sycamore Avenue</td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td>Vista, CA 92081</td>
</tr>
<tr>
<td><strong>Hillcrest</strong></td>
<td><strong>Sorrento Valley</strong></td>
</tr>
<tr>
<td><strong>Hillcrest Emergency</strong></td>
<td>4910 Directors Place</td>
</tr>
<tr>
<td>UC San Diego Medical Center</td>
<td>San Diego, CA 92121</td>
</tr>
<tr>
<td>200 West Arbor Drive</td>
<td><strong>Scripps Ranch</strong></td>
</tr>
<tr>
<td>San Diego, CA 92103</td>
<td>9909 Mira Mesa Blvd, Suite 200</td>
</tr>
<tr>
<td>4th and Lewis Medical Offices</td>
<td>San Diego, CA 92131</td>
</tr>
<tr>
<td>330 Lewis Street</td>
<td><strong>Kearny Mesa</strong></td>
</tr>
<tr>
<td>San Diego, CA 92103</td>
<td>7910 Frost Street</td>
</tr>
<tr>
<td><strong>Medical Offices North</strong></td>
<td>San Diego, CA 92123</td>
</tr>
<tr>
<td>200 West Arbor Drive</td>
<td><strong>Chula Vista</strong></td>
</tr>
<tr>
<td>San Diego, CA 92103</td>
<td>959 Lane Avenue</td>
</tr>
<tr>
<td><strong>Medical Offices South</strong></td>
<td>Chula Vista, CA 91914</td>
</tr>
<tr>
<td>4168 Front Street</td>
<td><strong>Temecula</strong></td>
</tr>
<tr>
<td>San Diego, CA 92103</td>
<td>31720 Temecula Parkway, Suite 100</td>
</tr>
<tr>
<td><strong>UC San Diego Medical Center</strong></td>
<td>Temecula, CA 92592</td>
</tr>
<tr>
<td>200 West Arbor Drive</td>
<td><strong>Rancho Bernardo</strong></td>
</tr>
<tr>
<td>San Diego, CA 92103</td>
<td>Includes <strong>Rancho Bernardo Urgent Care</strong></td>
</tr>
<tr>
<td><strong>Shiley Eye Institute</strong></td>
<td>16950 Via Tazon</td>
</tr>
<tr>
<td>9415 Campus Point Drive</td>
<td>San Diego, CA 92127</td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td><strong>Temecula</strong></td>
</tr>
<tr>
<td>Sulpizio Cardiovascular Center</td>
<td>31720 Temecula Parkway, Suite 100</td>
</tr>
<tr>
<td>9434 Medical Center Drive</td>
<td>Temecula, CA 92592</td>
</tr>
<tr>
<td>La Jolla, CA 92093</td>
<td><strong>Chula Vista</strong></td>
</tr>
<tr>
<td><strong>Scripps Ranch</strong></td>
<td>959 Lane Avenue</td>
</tr>
<tr>
<td>9909 Mira Mesa Blvd, Suite 200</td>
<td>Chula Vista, CA 91914</td>
</tr>
<tr>
<td><strong>Kearny Mesa</strong></td>
<td><strong>Temecula</strong></td>
</tr>
<tr>
<td>7910 Frost Street</td>
<td>31720 Temecula Parkway, Suite 100</td>
</tr>
<tr>
<td>San Diego, CA 92123</td>
<td>Temecula, CA 92592</td>
</tr>
</tbody>
</table>

---

health.ucsd.edu | Patient Access 800-926-8273 | Physician Access 855-543-0555
# Table of Contents

- Endocrinology .............................................................. 1
- Physical Medicine & Rehabilitation ........................................ 5
- Index ........................................................................... 7
Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about [endocrinology and diabetes](https://health.ucsd.edu) at UC San Diego Health System.

**Schafer Boeder, MD**  
Endocrinologist

**Specialty:**  
Endocrinology

**Hillcrest - Medical Offices South**  
Jacobs Medical Center  
Sulpizio Cardiovascular Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6303

**Bio:**  
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

**Steven Victor Edelman, MD**  
Clinical Professor of Medicine

**Specialty:**  
Endocrinology

**Add'l Languages:**  
German, Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

**Bio:**  
Please note that Dr. Edelman is not a Primary Care Physician

**Charles H. Choe, MD**  
Clinical Service Chief - Endocrinology, Diabetes and Metabolism  
Associate Clinical Professor of Medicine

**Specialty:**  
Endocrinology

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6303  
Direct Clinic Line - La Jolla: (858) 657-8440

**Bio:**  
Charlie Choe, MD, is a board-certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

**Vala Hamidi, MD**  
Endocrinologist

**Specialty:**  
Endocrinology

**Add'l Language:**  
Farsi

**La Jolla - Medical Offices South**  
La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6303  
Direct Clinic Line - La Jolla: (858) 657-8440

**Bio:**  
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a "Top Doc" in San Diego Magazine's "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Add'l Language:
Chinese

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.

Karl Y. Hostetler, MD

Specialty:
Endocrinology

Contact:
New Patient Registration: (800) 926-8273
Endocrinology (cont.)

Deborah Kado, MD
Bone Health Specialist
Professor of Family Medicine and Public Health

Specialties:
Endocrinology, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Kristen Kulasa, MD
Endocrinologist
Associate Professor of Medicine

Specialty:
Endocrinology

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Karen McCowen, MD
Endocrinologist

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Jeremy Pettus, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.
Endocrinology (cont.)

Tricia Santos Cavaiola, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.
Physical Medicine & Rehabilitation

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.

Jeffrey Chen, MD, MHS
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Physical Medicine & Rehabilitation

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800
Direct Clinic Line: (844) 747-0474

Bio:
Jeffrey L. Chen, MD, MHS, is a board-certified physical medicine and rehabilitation physician. As a pain management specialist, Dr. Chen evaluates, diagnoses and treats all forms of acute and chronic pain. His expertise includes conservative treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries. He is the director of Regenerative Pain Medicine and the associate program director for the Pain Medicine Fellowship at UC San Diego School of Medicine.

Roger J. Mignosa, DO
Physical Medicine and Rehabilitation Specialist
Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale's expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
# Index

**B**
Boeder, Schafer .................................................. 1

**C**
Chang, Douglas .................................................... 5
Chen, Jeffrey .......................................................... 5
Choe, Charles H. .................................................... 1

**E**
Eastman, Amelia .................................................... 5
Edelman, Steven Victor ........................................... 1

**H**
Hamidi, Vala .......................................................... 1

**J**
Juang, Patricia S. .................................................. 2

**K**
Kado, Deborah ...................................................... 3
Kulasa, Kristen ....................................................... 3

**M**
McCowen, Karen .................................................. 3

**P**
Hostetter, Karl Y. .................................................. 2
Hupfeld, Christopher J. .......................................... 2
Pettus, Jeremy ........................................................ 3

**S**
Santos Cavaiola, Tricia ......................................... 4

**V**
Vitale, Kenneth ..................................................... 6

**W**
Woods, Gina N. ..................................................... 4

Mignosa, Roger J. .................................................. 5

Hofflich, Heather L. ................................................. 2

Hupfeld, Christopher J. .......................................... 2

Hofflich, Christopher J. .......................................... 2