UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

<table>
<thead>
<tr>
<th>La Jolla</th>
<th>Hillcrest</th>
<th>Kearny Mesa</th>
</tr>
</thead>
<tbody>
<tr>
<td>4510 and 4520 Executive Drive</td>
<td>4th and Lewis Medical Offices</td>
<td>7910 Frost Street</td>
</tr>
<tr>
<td>San Diego, CA 92121</td>
<td>330 Lewis Street</td>
<td>San Diego, CA 92123</td>
</tr>
<tr>
<td>8910 Villa La Jolla Drive</td>
<td>Medical Offices North</td>
<td>Rady Children’s Hospital-San Diego</td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td>200 West Arbor Drive</td>
<td>3020 Children’s Way</td>
</tr>
<tr>
<td>8899 and 8929 University Center Lane</td>
<td>Medical Offices South</td>
<td>San Diego, CA 92123</td>
</tr>
<tr>
<td>San Diego, CA 92122</td>
<td>4168 Front Street</td>
<td></td>
</tr>
<tr>
<td>8939 Villa La Jolla Drive</td>
<td>UC San Diego Medical Center</td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td>200 West Arbor Drive</td>
<td></td>
</tr>
<tr>
<td>9333 Genesee Avenue</td>
<td>Encinitas</td>
<td></td>
</tr>
<tr>
<td>San Diego, CA 92121</td>
<td>1200 Garden View Road</td>
<td></td>
</tr>
<tr>
<td>8950 Villa La Jolla Drive</td>
<td>477 North El Camino Real</td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td>Encinitas</td>
<td></td>
</tr>
<tr>
<td>9350 Campus Point Drive</td>
<td>1200 Garden View Road</td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td>477 North El Camino Real</td>
<td></td>
</tr>
<tr>
<td>Shiley Eye Institute</td>
<td>Encinitas</td>
<td></td>
</tr>
<tr>
<td>9415 Campus Point Drive</td>
<td>1200 Garden View Road</td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92093</td>
<td>477 North El Camino Real</td>
<td></td>
</tr>
<tr>
<td>Sulpizio Cardiovascular Center</td>
<td>Sulpizio Cardiovascular Center</td>
<td></td>
</tr>
<tr>
<td>9434 Medical Center Drive</td>
<td>9434 Medical Center Drive</td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92093</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Moores Cancer Center</td>
<td>Scripps Ranch</td>
<td></td>
</tr>
<tr>
<td>3855 Health Sciences Drive</td>
<td>9909 Mira Mesa Blvd.</td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92093</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jacobs Medical Center</td>
<td>Scripps Ranch</td>
<td></td>
</tr>
<tr>
<td>9300 Campus Point Drive</td>
<td>9909 Mira Mesa Blvd.</td>
<td></td>
</tr>
<tr>
<td>La Jolla, CA 92037</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

health.ucsd.edu | Patient Access 800-926-8273 | Physician Access 855-543-0555
# Table of Contents

- **Endocrinology** ................................................................. 1
- **Physical Medicine & Rehabilitation** .................................. 5
- **Index** ............................................................................. 7
Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Schafer Boeder, MD
Endocrinologist

Specialty: Endocrinology

Hillcrest - Medical Offices South
Jacobs Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303

Bio:
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

Steven Victor Edelman, MD
Clinical Professor of Medicine

Specialty: Endocrinology
Add'l Languages: German, Spanish

La Jolla - Perlman Medical Offices

Bio:
Please note that Dr. Edelman is not a Primary Care Physician

Charles H. Choe, MD
Clinical Service Chief - Endocrinology, Diabetes and Metabolism
Associate Clinical Professor of Medicine

Specialty: Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Charlie Choe, MD, is a board-certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

Vala Hamidi, MD
Endocrinologist

Specialty: Endocrinology
Add'l Language: Farsi

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

Bio:
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology
Add'l Language: Chinese

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.
Endocrinology (cont.)

Deborah Kado, MD  
Bone Health Specialist  
Professor of Family Medicine and Public Health  

Specialties:  
Endocrinology, Senior Medicine  

Add'l Language:  
Spanish  

La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

Bio:  
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Karen McCowen, MD  
Endocrinologist  

La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

Bio:  
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Kristen Kulasa, MD  
Endocrinologist  
Associate Professor of Medicine  

La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

Bio:  
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.
Endocrinology (cont.)

Tricia Santos Cavaiola, MD
Endocrinologist
Assistant Professor of Medicine

**Specialty:**
Endocrinology

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.

---

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism

**Specialty:**
Endocrinology

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.
Physical Medicine & Rehabilitation

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine
Subspecialties:
Spine, Sports Medicine
Add'l Language:
German

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

Jeffrey Chen, MD, MHS
Pain Management Specialist
Associate Professor of Anesthesiology

Specialties:
Pain Management, Physical Medicine & Rehabilitation

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Jeffrey L. Chen, MD, MHS, MS, is a board-certified physical medicine and rehabilitation physician. As a pain management specialist, Dr. Chen evaluates, diagnoses and treats all forms of acute and chronic pain. His expertise includes conservative treatment of low back and neck pain, non-surgical orthopedic conditions and sports injuries. He is the director of Regenerative Pain Medicine and the associate program director for the Pain Medicine Fellowship at UC San Diego School of Medicine.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.

Roger J. Mignosa, DO
Physical Medicine and Rehabilitation Specialist
Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Osteopathic Medicine

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale’s expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
## Index

<table>
<thead>
<tr>
<th>Page</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Boeder, Schafer</td>
</tr>
<tr>
<td>2</td>
<td>Hofflich, Heather L.</td>
</tr>
<tr>
<td>2</td>
<td>Hostetler, Karl Y.</td>
</tr>
<tr>
<td>2</td>
<td>Hupfeld, Christopher J.</td>
</tr>
<tr>
<td>2</td>
<td>Juang, Patricia S.</td>
</tr>
<tr>
<td>3</td>
<td>Kado, Deborah</td>
</tr>
<tr>
<td>3</td>
<td>Kulasa, Kristen</td>
</tr>
<tr>
<td>3</td>
<td>McCowen, Karen</td>
</tr>
<tr>
<td>3</td>
<td>McCowen, Karen</td>
</tr>
<tr>
<td>4</td>
<td>Mignosa, Roger J.</td>
</tr>
<tr>
<td>4</td>
<td>Santos Cavaiola, Tricia</td>
</tr>
<tr>
<td>6</td>
<td>Pettus, Jeremy</td>
</tr>
<tr>
<td>6</td>
<td>Vitale, Kenneth</td>
</tr>
<tr>
<td>6</td>
<td>Woods, Gina N.</td>
</tr>
<tr>
<td>5</td>
<td>Chang, Douglas</td>
</tr>
<tr>
<td>5</td>
<td>Chen, Jeffrey</td>
</tr>
<tr>
<td>1</td>
<td>Choe, Charles H.</td>
</tr>
<tr>
<td>5</td>
<td>Eastman, Amelia</td>
</tr>
<tr>
<td>1</td>
<td>Edelmann, Steven Victor</td>
</tr>
<tr>
<td>1</td>
<td>Hamidi, Vala</td>
</tr>
<tr>
<td>3</td>
<td>Hupfeld, Christopher J.</td>
</tr>
<tr>
<td>2</td>
<td>Juang, Patricia S.</td>
</tr>
<tr>
<td>3</td>
<td>Kado, Deborah</td>
</tr>
<tr>
<td>3</td>
<td>Kulasa, Kristen</td>
</tr>
<tr>
<td>3</td>
<td>McCowen, Karen</td>
</tr>
<tr>
<td>3</td>
<td>McCowen, Karen</td>
</tr>
<tr>
<td>5</td>
<td>Chang, Douglas</td>
</tr>
<tr>
<td>5</td>
<td>Chen, Jeffrey</td>
</tr>
<tr>
<td>1</td>
<td>Choe, Charles H.</td>
</tr>
<tr>
<td>5</td>
<td>Eastman, Amelia</td>
</tr>
<tr>
<td>1</td>
<td>Edelmann, Steven Victor</td>
</tr>
<tr>
<td>1</td>
<td>Hamidi, Vala</td>
</tr>
</tbody>
</table>