Physician Directory

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UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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### Locations

**La Jolla**
- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

**Orthopedics Urgent Care**
- **Sports Medicine**
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121

  - 4510 and 4520 Executive Drive
  - San Diego, CA 92121

- **8910 Villa La Jolla Drive**
  - La Jolla, CA 92037

- **8899 and 8929 University Center Lane**
  - San Diego, CA 92122

- **8939 Villa La Jolla Drive**
  - La Jolla, CA 92037

- **9333 Genesee Avenue**
  - San Diego, CA 92121

- **8950 Villa La Jolla Drive**
  - La Jolla, CA 92037

- **9350 Campus Point Drive**
  - La Jolla, CA 92037

- **Shiley Eye Institute**
  - 9415 Campus Point Drive
  - La Jolla, CA 92037

- **Sulpizio Cardiovascular Center**
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

**Moores Cancer Center**
- 3855 Health Sciences Drive
- La Jolla, CA 92093

**Jacobs Medical Center**
- 9300 Campus Point Drive
- La Jolla, CA 92037

**Koman Family Outpatient Pavilion**
- 9400 Campus Point Drive
- La Jolla, CA 92037

**Perlman Medical Offices**
- 9350 Campus Point Drive
- La Jolla, CA 92037

**Hillcrest**
- **Hillcrest Emergency**
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

  - 4th and Lewis Medical Offices
  - 330 Lewis Street
  - San Diego, CA 92103

  - Medical Offices North
  - 200 West Arbor Drive
  - San Diego, CA 92103

  - Medical Offices South
  - 4168 Front Street
  - San Diego, CA 92103

  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

**Rancho Bernardo**
- **Includes Rancho Bernardo Urgent Care**
  - 16950 Via Tazon
  - San Diego, CA 92127

**Encinitas**
- **Includes Encinitas Express Care (Suite 110)**
  - 1200 Garden View Road
  - Encinitas, CA 92024

  - 477 North El Camino Real
  - Encinitas, CA 92024

**College Area**
- 6719 Alvarado Road, Suite 302
- San Diego, CA 92120

**Downtown**
- Downtown Express Care
  - 203 West F Street
  - San Diego, CA 92101

**Vista**
- 910 Sycamore Avenue
- Vista, CA 92081

**Sorrento Valley**
- 4910 Directors Place
- San Diego, CA 92121

**Scripps Ranch**
- 9909 Mira Mesa Blvd, Suite 200
- San Diego, CA 92131

**Kearny Mesa**
- 7910 Frost Street
- San Diego, CA 92123

**Chula Vista**
- 959 Lane Avenue
- Chula Vista, CA 91914

**Temecula**
- 31720 Temecula Parkway, Suite 100
- Temecula, CA 92592
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Endocrinology
Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about [endocrinology and diabetes](https://health.ucsd.edu) at UC San Diego Health System.

### Schafer Boeder, MD
Endocrinologist

**Specialty:**
Endocrinology

**Hillcrest - Medical Offices South**  
Jacobs Medical Center  
Sulpizio Cardiovascular Center

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6303

**Bio:**
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

### Steven Victor Edelman, MD
Clinical Professor of Medicine

**Specialty:**
Endocrinology

**Add'l Languages:**
German, Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

**Bio:**
*Please note that Dr. Edelman is not a Primary Care Physician*

### Charles H. Choe, MD
Clinical Service Chief - Endocrinology, Diabetes and Metabolism  
Associate Clinical Professor of Medicine

**Specialty:**
Endocrinology

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

**Bio:**
Charlie Choe, MD, is a board-certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

### Vala Hamidi, MD
Endocrinologist

**Specialty:**
Endocrinology

**Add'l Language:**
Farsi

**Hillcrest - Medical Offices South**  
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6303  
Direct Clinic Line - La Jolla: (858) 657-8440

**Bio:**
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO  
Endocrinologist  
Professor of Medicine

Specialties:  
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive  
La Jolla - Perlman Medical Offices

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  
Direct Clinic Line: (858) 657-1636

Bio:  
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD  
Associate Clinical Professor of Medicine

Specialty:  
Endocrinology

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 479-5370

Patricia S. Juang, MD  
Endocrinologist  
Assistant Professor of Medicine

Specialty:  
Endocrinology  
Add'l Language: Chinese

Hillcrest - UC San Diego Medical Center  
Jacobs Medical Center

Contact:  
New Patient Registration: (800) 926-8273

Bio:  
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.
Endocrinology (cont.)

Deborah Kado, MD
Bone Health Specialist
Professor of Family Medicine and Public Health

Specialties:
Endocrinology, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Karen McCowen, MD
Endocrinologist

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Kristen Kulasa, MD
Endocrinologist
Associate Professor of Medicine

Specialty:
Endocrinology

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Jeremy Pettus, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.
Endocrinology (cont.)

Tricia Santos Cavaiola, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.

Psychology

Kriston B. Schellinger, PhD
Psychologist

Specialty:
Psychology

La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - La Jolla: (858) 657-8600

Bio:
Kriston Schellinger, PhD, is a licensed clinical psychologist who provides care for mental health concerns in the family medicine setting. She treats individuals of all ages for mental health issues such as depression, anxiety and substance use disorders, or other behavioral changes.
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