Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and U.S. News & World Report’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ New Patients (who have never seen a UC San Diego Health provider)
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

→ Current Patients
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

→ Find a Doctor
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>La Jolla</td>
<td>4510 and 4520 Executive Drive, San Diego, CA 92121</td>
</tr>
<tr>
<td></td>
<td>8910 Villa La Jolla Drive, La Jolla, CA 92037</td>
</tr>
<tr>
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</tr>
<tr>
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</tr>
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</tr>
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</tr>
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</tr>
<tr>
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<td><strong>Shiley Eye Institute</strong></td>
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<td>9415 Campus Point Drive, La Jolla, CA 92093</td>
</tr>
<tr>
<td></td>
<td><strong>Sulpizio Cardiovascular Center</strong></td>
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<tr>
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<td>9434 Medical Center Drive, La Jolla, CA 92093</td>
</tr>
<tr>
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<td><strong>Moores Cancer Center</strong></td>
</tr>
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<td>3855 Health Sciences Drive, La Jolla, CA 92093</td>
</tr>
<tr>
<td></td>
<td><strong>Jacobs Medical Center</strong></td>
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<td>9300 Campus Point Drive, La Jolla, CA 92037</td>
</tr>
<tr>
<td></td>
<td><strong>Hillcrest</strong></td>
</tr>
<tr>
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<td><strong>4th and Lewis Medical Offices</strong></td>
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<td>330 Lewis Street, San Diego, CA 92103</td>
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<tr>
<td></td>
<td><strong>Medical Offices North</strong></td>
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<tr>
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</tr>
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<td>4168 Front Street, San Diego, CA 92103</td>
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<td><strong>UC San Diego Medical Center</strong></td>
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<td>200 West Arbor Drive, San Diego, CA 92103</td>
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<tr>
<td></td>
<td><strong>Encinitas</strong></td>
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<tr>
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<td>1200 Garden View Road, Encinitas, CA 92024</td>
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<td><strong>Scripps Ranch</strong></td>
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</tr>
<tr>
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</tr>
<tr>
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<td><strong>Rady Children’s Hospital-San Diego</strong></td>
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<td><strong>Chula Vista</strong></td>
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<tr>
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<td><strong>Sorrento Valley</strong></td>
</tr>
<tr>
<td></td>
<td>4910 Directors Place, San Diego, CA 92121</td>
</tr>
</tbody>
</table>
# Table of Contents

Endocrinology ......................................................................................................................... 1  
Osteopathic Medicine ............................................................................................................. 5  
Index .................................................................................................................................... 7  

Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

**Schafer Boeder, MD**
Endocrinologist

**Specialty:**
Endocrinology

**Hillcrest - Medical Offices South**
Jacobs Medical Center
Sulpizio Cardiovascular Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303

**Bio:**
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

**Steven Victor Edelman, MD**
Clinical Professor of Medicine

**Specialty:**
Endocrinology

**Add'l Languages:**
German, Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Please note that Dr. Edelman is not a Primary Care Physician

**Charles H. Choe, MD**
Clinical Service Chief - Endocrinology, Diabetes and Metabolism
Associate Clinical Professor of Medicine

**Specialty:**
Endocrinology

**La Jolla - Perlman Medical Offices**

**Bio:**
Charlie Choe, MD, is a board certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

**Vala Hamidi, MD**
Endocrinologist

**Specialty:**
Endocrinology

**Add'l Language:**
Farsi

**Hillcrest - Medical Offices South**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

**Bio:**
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO  
Endocrinologist  
Professor of Medicine  

Specialties: 
Endocrinology, Internal Medicine, Primary Care  

La Jolla - 8939 Villa La Jolla Drive  
La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  
Direct Clinic Line: (858) 657-1636  

Bio:  
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD  
Associate Clinical Professor of Medicine  

Specialty:  
Endocrinology  

Encinitas - Garden View  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 479-5370

Patricia S. Juang, MD  
Endocrinologist  
Assistant Professor of Medicine  

Specialty:  
Endocrinology  
Add'l Language: Chinese  

Hillcrest - UC San Diego Medical Center  
Jacobs Medical Center  

Contact:  
New Patient Registration: (800) 926-8273  

Bio:  
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.

Karl Y. Hostetler, MD  
Specialty: Endocrinology  

Contact:  
New Patient Registration: (800) 926-8273
Endocrinology (cont.)

Deborah Kado, MD  
Bone Health Specialist  
Professor of Family Medicine and Public Health

Specialties:  
Endocrinology, Senior Medicine  
Add'l Language:  
Spanish

La Jolla - Perlman Medical Offices

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

Bio:  
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Kristen Kulasa, MD  
Endocrinologist  
Associate Professor of Medicine

Specialty:  
Endocrinology

Hillcrest - UC San Diego Medical Center  
Jacobs Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

Bio:  
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Karen McCowen, MD  
Endocrinologist

Specialty:  
Endocrinology

La Jolla - Perlman Medical Offices

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

Bio:  
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Jeremy Pettus, MD  
Endocrinologist  
Assistant Professor of Medicine

Specialty:  
Endocrinology

La Jolla - Perlman Medical Offices

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

Bio:  
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.
Endocrinology (cont.)

Tricia Santos Cavaiola, MD
Endocrinologist
Assistant Professor of Medicine

**Specialty:**
Endocrinology

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism

**Specialty:**
Endocrinology

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.
Osteopathic Medicine

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Jacob E. (Jake) Fleming, DO
Osteopathic Physician

Specialty:
Osteopathic Medicine

Add'l Languages:
Portuguese, Spanish

Hillcrest - 4th & Lewis Medical Offices
La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Hillcrest: (619) 471-9260

Bio:
Jake Fleming, DO, is an osteopathic physician and board-certified family medicine doctor who provides care for patients of all ages, and helps people adopt lifestyle changes aimed at disease prevention. He has a whole-body approach to medicine and is highly experienced in musculoskeletal medicine and manual medicine techniques to diagnose and treat restrictions in the body that contribute to pain and disease.

Hollis H. King, DO, PhD
Osteopathic Physician
Professor of Family Medicine and Public Health

Specialty:
Osteopathic Medicine

Hillcrest - 4th & Lewis Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Hollis H. King, DO, is a board-certified osteopathic physician. He has a whole-body approach to medicine and is highly experienced in osteopathic manipulative treatment, a type of hands-on care that diagnoses and treats illness and injury by moving a person's muscles and joints to ease pain and increase mobility.
Michael Kurisu, DO  
Osteopathic Physician

Specialty:  
Osteopathic Medicine

Scripps Ranch - Mira Mesa Blvd  
La Jolla - Genesee Avenue

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Scripps Ranch: (858) 657-7750  
Direct Clinic Line - La Jolla: (858) 657-8600

Bio:  
Michael Kurisu, DO, is a family medicine physician who provides comprehensive care for people of all ages, including children and adults. As a holistic medicine doctor, the cornerstone of his approach focuses on an internal capacity to heal. He considers the whole person — physical and emotional — in the quest for optimal health and wellness.

Roger J. Mignosa, DO  
Physical Medicine and Rehabilitation Specialist  
Professor of Family Medicine and Public Health

Specialties:  
Physical Medicine & Rehabilitation, Osteopathic Medicine

La Jolla - Genesee Avenue  
Scripps Ranch - Mira Mesa Blvd

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 657-8600  
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:  
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.

Amy Leu, DO  
Primary Care Physician and Sports Medicine Specialist  
Assistant Professor of Family Medicine and Public Health

Specialties:  
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine  
Add'l Language:  
Spanish

Scripps Ranch - Mira Mesa Blvd  
La Jolla - 4520 Executive Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7750

Bio:  
Amy Leu, DO, is a family medicine physician who specializes in sports medicine. Her expertise includes diagnosing, treating and preventing injuries associated with athletics, including acute and stress fractures, sprains and overuse injuries. She also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Alan Shahtaji, DO  
Primary Care Physician and Sports Medicine Specialist  
Assistant Professor of Family Medicine and Public Health

Specialties:  
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - Genesee Avenue  
Hillcrest - 4th & Lewis Medical Offices  
La Jolla - 4520 Executive Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

Bio:  
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health’s Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.
Index

B
Boeder, Schafer ........................................... 1

C
Choe, Charles H. ........................................... 1

E
Eastman, Amelia ........................................... 5
Edelman, Steven Victor .................................. 1

F
Fleming, Jacob E. (Jake) ............................... 5

H
Hamidi, Vala ............................................. 1

Hofflich, Heather L. .................................... 2
Hostetter, Karl Y. ....................................... 2
Hupfeld, Christopher J. ................................. 2

J
Juang, Patricia S. ....................................... 2

K
Kado, Deborah .......................................... 3
King, Hollis H. ........................................... 5
Kulasa, Kristen ........................................... 3
Kurisu, Michael .......................................... 6

L
Leu, Amy ................................................. 6

M
McCowen, Karen ....................................... 3
Mignosa, Roger J. ....................................... 6

P
Pettus, Jeremy ........................................... 3

S
Santos Cavaiola, Tricia ............................... 4
Shahtaji, Alan ........................................... 6

W
Woods, Gina N. ........................................ 4