Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and U.S. News & World Report’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ New Patients (who have never seen a UC San Diego Health provider)
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

→ Current Patients
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

→ Find a Doctor
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

### La Jolla
- 4510 and 4520 Executive Drive
- San Diego, CA 92121
- 8910 Villa La Jolla Drive
- La Jolla, CA 92037
- 8899 and 8929 University Center Lane
- San Diego, CA 92122
- 8939 Villa La Jolla Drive
- La Jolla, CA 92037
- 9333 Genesee Avenue
- San Diego, CA 92121
- 8950 Villa La Jolla Drive
- La Jolla, CA 92037
- 9350 Campus Point Drive
- La Jolla, CA 92037

### Hillcrest
- **4th and Lewis Medical Offices**
- 330 Lewis Street
- San Diego, CA 92103
- **Medical Offices North**
- 200 West Arbor Drive
- San Diego, CA 92103
- **Medical Offices South**
- 4168 Front Street
- San Diego, CA 92103
- **UC San Diego Medical Center**
- 200 West Arbor Drive
- San Diego, CA 92103

### Encinitas
- **Shiley Eye Institute**
- 9415 Campus Point Drive
- La Jolla, CA 92093
- **Sulpizio Cardiovascular Center**
- 9434 Medical Center Drive
- La Jolla, CA 92093
- **Moores Cancer Center**
- 3855 Health Sciences Drive
- La Jolla, CA 92093
- **Jacobs Medical Center**
- 9300 Campus Point Drive
- La Jolla, CA 92037

### Kearny Mesa
- 7910 Frost Street
- San Diego, CA 92123

### Rady Children’s Hospital-San Diego
- 3020 Children’s Way
- San Diego, CA 92123

### Chula Vista
- 959 Lane Avenue
- Chula Vista, CA 91914

### Temecula
- 31720 Temecula Parkway
- Temecula, CA 92592

### Sorrento Valley
- 4910 Directors Place
- San Diego, CA 92121
# Table of Contents

Endocrinology .............................................................................................................................................. 1
Sleep Medicine ............................................................................................................................................. 5
Index .......................................................................................................................................................... 7
Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Schafer Boeder, MD
Endocrinologist

Specialty:
Endocrinology

Hillcrest - Medical Offices South
Jacobs Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303

Bio:
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

Steven Victor Edelman, MD
Clinical Professor of Medicine

Specialty:
Endocrinology

Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Please note that Dr. Edelman is not a Primary Care Physician

Charles H. Choe, MD
Clinical Service Chief - Endocrinology, Diabetes and Metabolism
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Charlie Choe, MD, is a board-certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

Vala Hamidi, MD
Endocrinologist

Specialty:
Endocrinology

Add'l Language:
Farsi

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

Bio:
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology
Add'l Language:
Chinese

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.

Karl Y. Hostetler, MD

Specialty:
Endocrinology

Contact:
New Patient Registration: (800) 926-8273
Endocrinology (cont.)

Deborah Kado, MD
Bone Health Specialist
Professor of Family Medicine and Public Health

Specialties:
Endocrinology, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Kristen Kulasa, MD
Endocrinologist
Associate Professor of Medicine

Specialty:
Endocrinology

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Karen McCowen, MD
Endocrinologist

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Jeremy Pettus, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.
Endocrinology (cont.)

Tricia Santos Cavaiola, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.
Sleep Medicine

Sleep medicine is the subspecialty of internal medicine that studies and manages poor sleep hygiene. Learn more about sleep medicine at UC San Diego Health System.

Hassan A. Haddadin, MD, FCCP, FAASM
Sleep Medicine Specialist

Specialties:
Sleep Medicine, Pulmonology (Lung)

Add'l Languages:
Arabic, German

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Hassan A. Haddadin, MD, is a board-certified pulmonologist who specializes in comprehensive sleep evaluation for people with sleep apnea, insomnia, parasomnias, sleep-related movement disorders, rapid eye movement (REM) sleep behavior disorder, narcolepsy, restless legs syndrome, and other sleep disorders.

Atul Malhotra, MD
Sleep Medicine Specialist
Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

Subspecialty:
Critical Care

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Atul Malhotra, MD, is a board-certified pulmonologist, intensivist and chief of Pulmonary, Critical Care and Sleep Medicine. He is active clinically in pulmonary, critical care and sleep medicine. In the sleep clinic, he provides a full spectrum of diagnostic and therapeutic services to patients with sleep-related disorders, including sleep apnea, insomnia, restless leg syndrome, narcolepsy and sleep disorders associated with medical or psychiatric conditions. He has a special interest in the treatment of sleep apnea.

Jose S. Loredo, MD, MPH
Sleep Medicine Specialist
Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Jose Loredo, MD, MPH, is a sleep medicine doctor who evaluates and treats individuals with sleep related disorders such as narcolepsy, insomnia, and sleep apnea. He cares for patients at UC San Diego Health's Sleep Medicine Center, where he provides a full spectrum of therapeutic and diagnostic services.

Talha Memon, MD
Primary Care Physician
Affiliated Provider

Specialties:
Family Medicine, Primary Care, Sleep Medicine

Add'l Languages:
Hindi, Urdu

Contact:

Bio:
Talha Memon, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

https://health.ucsd.edu
Sleep Medicine (cont.)

Robert Owens, MD  
Sleep Medicine Specialist  
Associate Professor of Medicine

Specialties:  
Sleep Medicine, Pulmonology (Lung)  
Subspecialty:  
Critical Care

La Jolla - 4520 Executive Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 757-5337

Bio:  
Robert Owens, MD, is a board-certified sleep medicine and critical care doctor. He is clinically active in critical care, pulmonary and sleep medicine, caring for patients with acute respiratory conditions and sleep disorders. In the Sleep Medicine Center, he provides a full spectrum of therapeutic and diagnostic services for people who have sleep related disorders such as narcolepsy, insomnia, sleep apnea and rapid eye movement (REM) behavior disorder.

Lisa Shives, MD  
Sleep Medicine Specialist  
Assistant Professor of Medicine

Specialty:  
Sleep Medicine

Add'l Languages:  
French, German

La Jolla - 4520 Executive Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 757-5337

Bio:  
Lisa Shives, MD, is a board-certified sleep medicine doctor. She has extensive experience in the treatment of all sleep related disorders including sleep apnea, insomnia, narcolepsy, restless legs syndrome and circadian rhythm disorders.

Bernie Y. Sunwoo, MBBS  
Pulmonologist and Sleep Medicine Specialist

Specialties:  
Sleep Medicine, Pulmonology (Lung)

La Jolla - 4520 Executive Drive  
Jacobs Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 757-5337

Bio:  
Bernie Sunwoo, MBBS, is a board-certified pulmonologist and sleep medicine specialist who treats people with general lung conditions as well as rare lung diseases, sleep-related breathing disorders and hypoventilation syndromes.

Paul Schalch Lepe, MD, FACS  
Head and Neck Surgeon

Specialties:  
ENT/Head and Neck (Otolaryngology), Sleep Medicine

Subspecialties:  
General Otolaryngology (ENT), Sinus & Rhinology

Add'l Languages:  
German, Spanish

Hillcrest - UC San Diego Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

Bio:  
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.
Index

B
Boeder, Schafer ........................................... 1

C
Choe, Charles H. ........................................... 1

E
Edelman, Steven Victor ................................. 1

H
Haddadin, Hassan A. ................................. 5
Hamidi, Vala ................................................ 1
Hofflich, Heather L. ...................................... 2
Hostetler, Karl Y. .......................................... 2
Hupfeld, Christopher J. ................................ 2

J
Juang, Patricia S. ........................................ 2

K
Kado, Deborah ............................................ 3
Kulasa, Kristen .......................................... 3

L
Loredo, Jose S. ........................................... 5

M
Malhotra, Atul ............................................. 5
McCown, Karen ......................................... 3
Memon, Talha ............................................. 5

O
Owens, Robert ............................................. 6

P
Pettus, Jeremy ............................................. 3

S
Santos Cavaiola, Tricia ................................. 4
Schalch Lepe, Paul ....................................... 6
Shives, Lisa ............................................... 6
Sunwoo, Bernie Y. ....................................... 6

W
Woods, Gina N. ........................................... 4