UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
## Locations

### La Jolla

- **La Jolla Emergency**  
  Sulpizio Cardiovascular Center  
  9434 Medical Center Drive  
  La Jolla, CA 92037

- **La Jolla Urgent Care**  
  8910 Villa La Jolla Drive  
  La Jolla, CA 92037

- **Orthopedics Urgent Care**  
  Sports Medicine  
  4520 Executive Drive, Suite Plaza 1  
  San Diego, CA 92121

  - 4510 and 4520 Executive Drive  
    San Diego, CA 92121

  - 8910 Villa La Jolla Drive  
    La Jolla, CA 92037

  - 8899 and 8929 University Center Lane  
    San Diego, CA 92122

  - 8939 Villa La Jolla Drive  
    La Jolla, CA 92037

  - 9333 Genesee Avenue  
    San Diego, CA 92121

  - 8950 Villa La Jolla Drive  
    La Jolla, CA 92037

  - 9350 Campus Point Drive  
    La Jolla, CA 92037

  - Shiley Eye Institute  
    9415 Campus Point Drive  
    La Jolla, CA 92037

  - Sulpizio Cardiovascular Center  
    9434 Medical Center Drive  
    La Jolla, CA 92037

- **Moores Cancer Center**  
  3855 Health Sciences Drive  
  La Jolla, CA 92033

- **Jacobs Medical Center**  
  9300 Campus Point Drive  
  La Jolla, CA 92037

- **Koman Family Outpatient Pavilion**  
  9400 Campus Point Drive  
  La Jolla, CA 92037

- **Perlman Medical Offices**  
  9350 Campus Point Drive  
  La Jolla, CA 92037

### Hillcrest

- **Hillcrest Emergency**  
  UC San Diego Medical Center  
  200 West Arbor Drive  
  San Diego, CA 92103

  - 4th and Lewis Medical Offices  
    330 Lewis Street  
    San Diego, CA 92103

  - Medical Offices North  
    200 West Arbor Drive  
    San Diego, CA 92103

  - Medical Offices South  
    4168 Front Street  
    San Diego, CA 92103

  - UC San Diego Medical Center  
    200 West Arbor Drive  
    San Diego, CA 92103

### Rancho Bernardo

- **Rancho Bernardo**  
  Includes **Rancho Bernardo Urgent Care**  
  16950 Via Tazon  
  San Diego, CA 92127

### Encinitas

- **Encinitas**  
  Includes **Encinitas Express Care (Suite 110)**  
  1200 Garden View Road  
  Encinitas, CA 92024

  - 477 North El Camino Real  
    Encinitas, CA 92024

### College Area

- **College Area**  
  6719 Alvarado Road, Suite 302  
  San Diego, CA 92120

### Downtown

- **Downtown**  
  Downtown Express Care  
  203 West F Street  
  San Diego, CA 92101

### Vista

- **Vista**  
  910 Sycamore Avenue  
  Vista, CA 92081

### Sorrento Valley

- **Sorrento Valley**  
  4910 Directors Place  
  San Diego, CA 92121

### Scripps Ranch

- **Scripps Ranch**  
  9909 Mira Mesa Blvd, Suite 200  
  San Diego, CA 92131

### Kearny Mesa

- **Kearny Mesa**  
  7910 Frost Street  
  San Diego, CA 92123

### Chula Vista

- **Chula Vista**  
  959 Lane Avenue  
  Chula Vista, CA 91914

### Temecula

- **Temecula**  
  31720 Temecula Parkway, Suite 100  
  Temecula, CA 92592
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Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Schafer Boeder, MD
Endocrinologist

Specialty:
Endocrinology

Hillcrest - Medical Offices South
Jacobs Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303

Bio:
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

Steven Victor Edelman, MD
Clinical Professor of Medicine

Specialty:
Endocrinology

Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Please note that Dr. Edelman is not a Primary Care Physician

Charles H. Choe, MD
Clinical Service Chief - Endocrinology, Diabetes and Metabolism
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Charles Choe, MD, is a board-certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

Vala Hamidi, MD
Endocrinologist

Specialty:
Endocrinology

Add'l Language:
Farsi

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

Bio:
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology
Add'l Language:
Chinese

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.

Karl Y. Hostetler, MD

Specialty:
Endocrinology

Contact:
New Patient Registration: (800) 926-8273
Endocrinology (cont.)

Deborah Kado, MD
Bone Health Specialist
Professor of Family Medicine and Public Health

Specialties:
Endocrinology, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Kristen Kulasa, MD
Endocrinologist
Associate Professor of Medicine

Specialty:
Endocrinology

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Karen McCowen, MD
Endocrinologist

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Jeremy Pettus, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.
Plastic Surgery

Plastic surgery is the branch of surgery which repairs external damaged tissue, remedies physical impairments or aesthetically enhances. Learn more about plastic surgery at UC San Diego Health System.

Mayer Tenenhaus, MD
Assistant Clinical Professor

Specialties:
Plastic Surgery, Surgery, Burn

La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
UC San Diego Health Links
Plastic Surgery - Cosmetic Surgery

Marek Dobke, MD
Plastic Surgeon
Professor of Surgery

Specialties:
Plastic Surgery, Surgery
Subspecialty:
Cosmetic Surgery
Add'l Language:
Polish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Marek Dobke, MD, is a board-certified plastic surgeon with expertise in aesthetic and reconstructive surgery of the breast and in facial rejuvenation, as well as in the application of new technologies in cosmetic surgery.

Amanda A. Gosman, MD
Chief, Division of Plastic Surgery
Director of Craniofacial and Pediatric Plastic Surgery
Professor of Surgery

Specialties:
Plastic Surgery, Surgery
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery
Add'l Language:
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Amanda A. Gosman, MD, is a board-certified plastic surgeon who specializes in cleft lip and palate surgery, pediatric and adult craniofacial surgery, microsurgical facial reanimation, breast reconstruction and aesthetic surgery.
Plastic Surgery - Cosmetic Surgery (cont.)

Samuel H. Lance, MD
Plastic Surgeon
Assistant Professor of Surgery

Specialties:
Plastic Surgery, Surgery, Burn

Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Add'l Language:
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 294-3746

Bio:
Samuel Lance, MD, is a plastic surgeon who specializes in both cosmetic and reconstructive plastic surgery, with expertise in adult and pediatric craniofacial surgery. He is the director of adult craniomaxillofacial surgery (i.e. surgery related to the mouth, jaws, face, skull and associated structures).

Mark Rechnic, MD
Associate Professor of Surgery

Specialties:
Surgery, Plastic Surgery

Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Ahmed S. Suliman, MD
Plastic Surgeon
Associate Professor of Surgery

Specialties:
Plastic Surgery, Surgery

Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Add'l Language:
Arabic

Hillcrest - UC San Diego Medical Center
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Ahmed Suliman, MD, is a board-certified plastic surgeon who performs a broad spectrum of aesthetic (cosmetic) and reconstructive procedures to address the effects of a medical condition or injury, or to enhance one's appearance.
Plastic Surgery - Reconstructive Surgery

Amanda A. Gosman, MD
Chief, Division of Plastic Surgery
Director of Craniofacial and Pediatric Plastic Surgery
Professor of Surgery

Specialties:
Plastic Surgery, Surgery
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery
Add'l Language:
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Amanda A. Gosman, MD, is a board-certified plastic surgeon who specializes in cleft lip and palate surgery, pediatric and adult craniofacial surgery, microsurgical facial reanimation, breast reconstruction and aesthetic surgery.

Samuel H. Lance, MD
Plastic Surgeon
Assistant Professor of Surgery

Specialties:
Plastic Surgery, Surgery, Burn
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery
Add'l Language:
Spanish

La Jolla - 4510 Executive Drive
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (619) 294-3746

Bio:
Samuel Lance, MD, is a plastic surgeon who specializes in both cosmetic and reconstructive plastic surgery, with expertise in adult and pediatric craniofacial surgery. He is the director of adult craniomaxillofacial surgery (i.e. surgery related to the mouth, jaws, face, skull and associated structures).

Mark Rechnic, MD
Associate Professor of Surgery

Specialties:
Surgery, Plastic Surgery
Subspecialties:
Cosmetic Surgery, Reconstructive Surgery

Contact:
New Patient Registration: (800) 926-8273
Ahmed S. Suliman, MD  
Plastic Surgeon  
Associate Professor of Surgery

Specialties:  
Plastic Surgery, Surgery

Subspecialties:  
Cosmetic Surgery, Reconstructive Surgery

Add'l Language:  
Arabic

Hillcrest - UC San Diego Medical Center  
La Jolla - 4510 Executive Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 294-3746

Bio:  
Ahmed Suliman, MD, is a board-certified plastic surgeon who performs a broad spectrum of aesthetic (cosmetic) and reconstructive procedures to address the effects of a medical condition or injury, or to enhance one's appearance.
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