UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by U.S. News & World Report.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

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providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla

La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo

Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas

Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area

6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown

Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista

910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley

4910 Directors Place
San Diego, CA 92121

Scripps Ranch

9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa

7910 Frost Street
San Diego, CA 92123

Chula Vista

959 Lane Avenue
Chula Vista, CA 91914

Temecula

31720 Temecula Parkway, Suite 100
Temecula, CA 92592
Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Schafer Boeder, MD
Endocrinologist

Specialty:
Endocrinology

Hillcrest - Medical Offices South
Jacobs Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303

Bio:
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

Steven Victor Edelman, MD
Clinical Professor of Medicine

Specialty:
Endocrinology

Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Please note that Dr. Edelman is not a Primary Care Physician

Charles H. Choe, MD
Clinical Service Chief - Endocrinology, Diabetes and Metabolism
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Charlie Choe, MD, is a board certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

Vala Hamidi, MD
Endocrinologist

Specialty:
Endocrinology

Add'l Language:
Farsi

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

Bio:
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology
Add'l Language:
Chinese

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.

Karl Y. Hostetler, MD

Specialty:
Endocrinology

Contact:
New Patient Registration: (800) 926-8273
Endocrinology (cont.)

Deborah Kado, MD  
Bone Health Specialist  
Professor of Family Medicine and Public Health

Specialties:  
Endocrinology, Senior Medicine  
Add'l Language:  
Spanish

La Jolla - Perlman Medical Offices  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

Bio:  
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Karen McCowen, MD  
Endocrinologist  
Associate Professor of Medicine

Specialty:  
Endocrinology

La Jolla - Perlman Medical Offices  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

Bio:  
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Kristen Kulasa, MD  
Endocrinologist  
Associate Professor of Medicine

Specialty:  
Endocrinology

Hillcrest - UC San Diego Medical Center  
Jacobs Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

Bio:  
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Jeremy Pettus, MD  
Endocrinologist  
Assistant Professor of Medicine

Specialty:  
Endocrinology

La Jolla - Perlman Medical Offices  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

Bio:  
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.
Endocrinology (cont.)

Tricia Santos Cavaiola, MD  
Endocrinologist  
Assistant Professor of Medicine  

Specialty:  
Endocrinology  

Hillcrest - Medical Offices South  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

Bio:  
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.

Gina N. Woods, MD  
Endocrinologist and Bone Health Specialist  
Associate Professor of Endocrinology and Metabolism  

Specialty:  
Endocrinology  

La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

Bio:  
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about [psychiatry](https://health.ucsd.edu) at UC San Diego Health System.

**Charles D. Ashbrook, MD**  
**Psychiatrist**  
**Specialty:** Psychiatry  
**Hillcrest - UC San Diego Medical Center**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6350  
**Bio:**  
Charles Ashbrook, MD, is a board-certified psychiatrist who specializes in outpatient care of young adults and adults with depression, anxiety, bipolar disorder, psychosis, schizophrenia, post-traumatic stress disorder (PTSD) and personality disorders. A guiding principal of his clinical practice is to review, simplify, and optimize his patients' medication regimens, using evidence-based approaches.

**Nora Bammidi, MBBS, FAPA**  
**Psychiatrist**  
**Specialty:** Psychiatry  
**La Jolla - 8950 Villa La Jolla Drive**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  
**Bio:**  
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

**Anne Bird, MBChB**  
**Psychiatrist**  
**Associate Professor of Psychiatry**  
**Specialty:** Psychiatry  
**Bio:**  
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

**Kristin Cadenhead, MD**  
**Psychiatrist**  
**Professor of Psychiatry**  
**Hillcrest - 140 Arbor Drive**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-7745  
Direct Clinic Line: (619) 543-6445  
**Bio:**  
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's [early psychosis treatment program](https://health.ucsd.edu). This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.
Psychiatry (cont.)

Douglas D’Agati, MD  
Psychiatrist  
Assistant Professor of Psychiatry

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

Bio:  
Douglas D’Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.

Nancy Downs, MD  
Psychiatrist  
Professor of Psychiatry

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

Bio:  
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

David Folsom, MD  
Director, Division of Clinical Psychiatry  
Vice Chair, Clinical Affairs, Department of Psychiatry

Specialty: Psychiatry

Contact:  
New Patient Registration: (800) 926-8273

Bio:  
David Folsom, MD, is a board-certified psychiatrist and director of the Division of Clinical Psychiatry at UC San Diego Health. He has a special interest in providing care for people with schizophrenia and other serious mental illnesses, and those with both mental and physical health problems. He uses a comprehensive, whole-person approach to psychiatric care, addressing all areas that contribute to a person’s successful recovery as well as promoting life skills, providing education, and cultivating help-seeking behavior.

Karim Ghobrial-Sedky, MBChB  
Psychiatrist

Specialty: Psychiatry  
Add'l Language: Arabic

La Jolla - 8950 Villa La Jolla Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

Bio:  
Karim Ghobrial-Sedky, MBChB, is a board-certified psychiatrist whose practice includes treating depression, bipolar, anxiety and psychotic disorders in both adults and children. He also sees adults who have alcohol, drug or other substance-related addictions.
Psychiatry (cont.)

David J. Grelotti, MD  
Psychiatrist  
Assistant Professor of Psychiatry

Specialty: Psychiatry  
Add'l Language: Haitian Creole

Hillcrest - Medical Offices South  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-3995

Bio:  
David Grelotti, MD is an adult and child psychiatrist and directs mental health services at UC San Diego Health’s Owen Clinic, one of nation’s premier multispecialty care clinics focused on the treatment and prevention of HIV and related illnesses. Dr. Grelotti provides care for mental health, substance use, and related disorders to children, adolescents, and adults with HIV and at risk for HIV.

Jeremy Hirst, MD  
Psychiatrist  
Associate Director, Patient and Family Support Services, Moores Cancer Center

Specialties: Psychiatry, Palliative Care, Cancer  
Subspecialty: Psychosocial Oncology

Moores Cancer Center  
Jacobs Medical Center  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-9061

Bio:  
Jeremy Hirst, MD, is a board-certified psychiatrist. As part of Patient & Family Support Services at Moores Cancer Center, he treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. He can provide psychiatric assessments, treatment and medication management.

Jonathon R. Howlett, MD  
Psychiatrist

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792

Bio:  
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.
Psychiatry (cont.)

**Alan J. Hsu, MD**
Psychiatrist
Assistant Professor of Psychiatry

**Specialties:**
Psychiatry, Cancer

**Subspecialty:**
Psychosocial Oncology

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

**Bio:**
Alan John Hsu, MD, is a board-certified psychiatrist who specializes in treating cancer patients struggling with mood and anxiety issues brought on by cancer. He also sees individuals with cancer who have pre-existing mental health challenges.

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**Vanessa L. Lauzon, MD**
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:**
Psychiatry

**Add'l Language:**
Spanish

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

**Bio:**
Vanessa L. Lauzon, MD, is a board-certified psychiatrist and board-certified family medicine physician who specializes in caring for hospitalized adults with mental health conditions. In the inpatient setting, she treats depression, anxiety disorders, PTSD, bipolar disorder, schizophrenia and schizoaffective disorder, substance use disorders, neurocognitive disorders, co-morbid medical and psychiatric issues, and issues related to grief and coping in patients with serious medical issues.

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**Ildiko Kovacs, MD**
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:**
Psychiatry

**Add'l Language:**
Hungarian

**Hillcrest - Medical Offices South**
La Jolla - 8950 Villa La Jolla Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.
Psychiatry (cont.)

**Julie L. Le, DO**
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

**Specialty:**
Psychiatry

**La Jolla - 9333 Genesee Avenue**
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - 9909 Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

**Bio:**
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).

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**Carla Marienfeld, MD**
Psychiatrist
Associate Professor of Psychiatry

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680

**Bio:**
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

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**Aaron Meyer, MD**
Psychiatrist

**Specialty:**
Psychiatry

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6350

**Bio:**
Aaron Meyer, MD, is a psychiatrist who specializes in caring for people with severe or acute mental illness and behavioral health conditions. This includes caring for individuals who experience significant and distressing symptoms of a mental illness that require immediate treatment.
Psychiatry (cont.)

Lama Muhammad, MD  
Psychiatrist  
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Language:
Arabic

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Lama Muhammad, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

Hoang Nguyen, MD  
Assistant Clinical Professor

Specialty:
Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3742

Bio:
UC San Diego Health Links

Alison Reminick, MD  
Psychiatrist  
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alison Reminick, MD, is a board-certified psychiatrist who specializes in the mental health care needs for women with premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), pregnancy and postpartum mood disorders, and emotional disturbances during menopause. She directs the Women's Reproductive Mental Health Program at UC San Diego Health, which helps women manage and recover from anxiety, depression, or other emotional concerns during infertility, pregnancy, or the postpartum period.

Isabel Ribeiro Caldas Domingues, MD  
Psychiatrist  
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the “prodromal” (early) phase.
Psychiatry (cont.)

Jennifer Roby, DO
Psychiatrist
Assistant Professor Psychiatry

Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health's College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.

Sanjaya Saxena, MD
Psychiatrist
Professor of Psychiatry

Specialty: Psychiatry
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Terry A. Schwartz, MD
Clinical Director, Eating Disorders Treatment and Research Program
Associate Professor of Psychiatry

Specialty: Psychiatry
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-8019

Bio:
Terry A. Schwartz, MD, is a board-certified psychiatrist who specializes in caring for individuals with eating disorders, mood disorders and anxiety disorders. She has more than 20 years' experience and has particular expertise in treating individuals who have an eating disorder co-occurring with mood, anxiety or substance abuse disorders.

Louisa Steiger, MD

Specialty: Psychiatry
Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Psychiatry (cont.)

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Hannah C. Sweet, MD
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:**
Psychiatry

**La Jolla - 8950 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Hannah Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health’s comprehensive and compassionate mental health services for teens.

Jessica L. Thackaberry, MD
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:**
Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.

Maria Tiamson-Kassab, MD
Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology
Add'l Language:
Tagalog

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

**Bio:**
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center’s Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Psychiatry (cont.)

Sidney Zisook, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273

Bio:
Sidney Zisook, MD, is a board-certified psychiatrist who specializes in treating adults who are experiencing grief, anxiety, or the effects of a mood disorder. His experience is in caring for people with complicated bereavement, as well as those with chronic mental health conditions or illnesses that do not respond well to treatment. Dr. Zisook also uses integrative therapy to treat each person as a whole, including their mental, physical and emotional needs.
Danielle Haber, MD  
Psychiatrist  
Assistant Professor of Psychiatry  

Specialty:  
Psychiatry  
Subspecialty:  
Eating Disorders  

La Jolla - 4510 Executive Drive  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-8019  

Bio:  
UC San Diego Health Links  

Mary Ellen Trunko, MD  
Medical Director UCSD Eating Disorder Adult Programs  

Specialty:  
Psychiatry  
Subspecialty:  
Eating Disorders  

La Jolla - 4510 Executive Drive  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-8019  
Fax: (858) 534-6727  

Bio:  
More information on eating disorders can be found at  
http://eatingdisorders.ucsd.edu  

Walter H. Kaye, MD  
Director, Eating Disorders Treatment and Research Program  
Professor of Psychiatry  

Specialty:  
Psychiatry  
Subspecialty:  
Eating Disorders  

La Jolla - 4510 Executive Drive  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-8019  

Bio:  
Walter Kaye, MD, is a board-certified psychiatrist who specializes in treating individuals with anorexia nervosa and other eating disorders. As director of the Eating Disorders Treatment and Research Program at UC San Diego Health, Dr. Kaye and his team use an intensive and innovative approach that addresses each person's medical, psychological and psycho-educational health. The evidence-based program also offers family counseling to help patients and their families with improved understanding, communication, and capacity for growth.
Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

**Specialty:** Psychiatry
**Subspecialty:** Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Daniel D Sewell, MD
Director, Senior Behavioral Health
Professor of Psychiatry

**Specialty:** Psychiatry
**Subspecialty:** Geriatric Psychiatry

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

Bio:
Daniel D. Sewell, MD, is a board-certified psychiatrist focusing on the treatment of older adults with behavioral health issues.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

**Specialty:** Psychiatry
**Subspecialty:** Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer's disease.
Psychiatry - Geriatric Psychiatry (cont.)

Raisa Yagudayeva, DO
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:**
Psychiatry

**Subspecialty:**
Geriatric Psychiatry

**Add'l Language:**
Russian

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3772

**Bio:**
Raisa Yagudayeva, DO, is a board-certified geriatric psychiatrist who specializes in treating mental health problems in older adults, including major neurocognitive disorder, major depressive disorder, generalized anxiety disorder, schizophrenia, psychosis and obsessive compulsive disorder. She is interested in electroconvulsive therapy (ECT), which is used to relieve symptoms of several mental health conditions.
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