UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

**Request an Appointment**

Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  - To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  - Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  - To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

Referring Physician Access

**Transfer a Patient**

For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

**Consultations**

If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**

Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

### La Jolla
- 4510 and 4520 Executive Drive
- San Diego, CA 92121
- 8910 Villa La Jolla Drive
- La Jolla, CA 92037
- 8899 and 8929 University Center Lane
- San Diego, CA 92122
- 8939 Villa La Jolla Drive
- La Jolla, CA 92037
- 9333 Genesee Avenue
- San Diego, CA 92121
- 8950 Villa La Jolla Drive
- La Jolla, CA 92037
- 9350 Campus Point Drive
- La Jolla, CA 92037

### Hillcrest
- **4th and Lewis Medical Offices**
  - 330 Lewis Street
  - San Diego, CA 92103
- **Medical Offices North**
  - 200 West Arbor Drive
  - San Diego, CA 92103
- **Medical Offices South**
  - 4168 Front Street
  - San Diego, CA 92103
- **UC San Diego Medical Center**
  - 200 West Arbor Drive
  - San Diego, CA 92103

### Kearny Mesa
- 7910 Frost Street
- San Diego, CA 92123

### Encinitas
- **4th and Lewis Medical Offices**
  - 330 Lewis Street
  - San Diego, CA 92103
- **Medical Offices North**
  - 200 West Arbor Drive
  - San Diego, CA 92103
- **Medical Offices South**
  - 4168 Front Street
  - San Diego, CA 92103
- **UC San Diego Medical Center**
  - 200 West Arbor Drive
  - San Diego, CA 92103

### Chula Vista
- 959 Lane Avenue
- Chula Vista, CA 91914

### Temecula
- 31720 Temecula Parkway
- Temecula, CA 92952

### Sorrento Valley
- 4910 Directors Place
- San Diego, CA 92121
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Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Schafer Boeder, MD
Endocrinologist

**Specialty:**
Endocrinology

**Hillcrest - Medical Offices South**
Jacobs Medical Center
Sulpizio Cardiovascular Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303

**Bio:**
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

Steven Victor Edelman, MD
Clinical Professor of Medicine

**Specialty:**
Endocrinology

**Add'l Languages:**
German, Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Please note that Dr. Edelman is not a Primary Care Physician

Charles H. Choe, MD
Clinical Service Chief - Endocrinology, Diabetes and Metabolism
Associate Clinical Professor of Medicine

**Specialty:**
Endocrinology

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

**Bio:**
Charlie Choe, MD, is a board-certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

Vala Hamidi, MD
Endocrinologist

**Specialty:**
Endocrinology

**Add'l Language:**
Farsi

**Hillcrest - Medical Offices South**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

**Bio:**
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology
Add'l Language:
Chinese

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.

Karl Y. Hostetler, MD

Specialty:
Endocrinology

Contact:
New Patient Registration: (800) 926-8273
Endocrinology (cont.)

Deborah Kado, MD
Bone Health Specialist
Professor of Family Medicine and Public Health

Specialties:
Endocrinology, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Karen McCowen, MD
Endocrinologist

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Kristen Kulasa, MD
Endocrinologist
Associate Professor of Medicine

Specialty:
Endocrinology

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Jeremy Pettus, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.
Endocrinology (cont.)

Tricia Santos Cavaiola, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.
Stroke Care

Stroke care is the medical treatment for a stroke — when the blood supply to part of your brain is interrupted or severely reduced, resulting in the sudden death of brain cells. Learn more about stroke care at UC San Diego Health System.

Thomas Hemmen, MD, PhD
Vascular Neurologist
Director, Stroke Center
Professor of Neurosciences

Specialties:
Neurology, Stroke Care
Subspeciality:
Stroke
Add'l Language:
German

Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Thomas Hemmen, MD, PhD, is a board-certified vascular neurologist. His expertise includes caring for patients with stroke, cerebrovascular diseases, and those who require neurological critical care. Dr. Hemmen directs the stroke center at UC San Diego Health and was instrumental in establishing the center as the first certified Stroke Center of Excellence in San Diego County.

Navaz Karanjia, MD
Medical Director, Neurointensive Care Unit
Associate Professor of Neurosciences and Anesthesiology

Specialties:
Neurology, Stroke Care
Subspeciality:
Neurocritical Care

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6291

Bio:
Navaz Karanjia, MD, is a board-certified neurologist who specializes in caring for people with life-threatening diseases of brain, spinal cord and nerves. She is medical director of UC San Diego Health's Neurocritical Care Program and Neuro-Intensive Care Unit (ICU), which she also founded. The Neuro-ICU team provides around-the-clock expert care, seven days a week, to critically ill patients who may have severe brain injury, stroke or brain tumors, or may be recovering from a neurosurgical procedure.
Stroke Care (cont.)

Alexander A. Khalessi, MD, FAANS
Director of Neurovascular Surgery
Chair of Neurosurgery
Associate Professor of Surgery and Neurosciences

Specialties:
Neurosurgery, Surgery, Stroke Care, Cancer

Subspecialties:
Neurological Oncology, Endovascular Neurosurgery, Complex Cranial Surgery, Neurological Oncology

Add'l Languages:
Farsi, Spanish

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Alexander A. Khalessi, MD, is a board-certified neurosurgeon who specializes in cranial and endovascular surgery. He is chair of the Department of Neurosurgery and director of endovascular neurosurgery. He provides both open surgical and catheter-based approaches to complex neurosurgical problems, including brain tumors, aneurysms, arteriovenous malformations (AVM) and carotid disease. His vascular training informs his surgical approach to complex tumors in the brain. He is a fellow of the American Association of Neurological Surgeons (FAANS), American Heart Association Stroke Council (FAHA), and senior member of the Society of NeuroInterventional Surgery (SNIS).

Brett C Meyer, MD
Co-Director, UCSD Stroke Center
Professor of Clinical Neurosciences
Medical Director, UCSD Enterprise Telemedicine

Specialties:
Neurology, Stroke Care

Subspecialty:
Stroke

Hillcrest - Medical Offices North
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Brett C. Meyer, MD, is a neurologist at UC San Diego Medical Center, Co-Director of the UC San Diego Stroke Center, and Medical Director for UC San Diego Enterprise Telemedicine. He specializes in acute cerebrovascular disease therapies and technological evaluation and treatment techniques.

Royya Modir, MD
Neurologist
Assistant Professor of Neurosciences

Specialties:
Neurology, Stroke Care

Subspecialty:
Stroke

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Royya Modir, MD, is a board-certified neurologist specializing in vascular neurology and the treatment of stroke. Her focus is on treatment strategies for stroke prevention and using thrombolytics for the treatment of acute stroke.
Stroke Care (cont.)

Scott E. Olson, MD
Vascular Neurologist and Endovascular Neurosurgeon
Associate Professor of Surgery

**Specialties:**
Neurosurgery, Neurology, Stroke Care  
**Subspecialties:**
Endovascular Neurosurgery, Stroke

La Jolla - 4510 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-5540

**Bio:**
Scott E. Olson, MD, is a board-certified vascular neurologist with additional fellowship training in interventional neuroradiology/endovascular neurosurgery. He specializes in evaluating and treating disorders of the blood vessels of the brain and spinal cord, which can lead to ischemic or hemorrhagic stroke. His expertise includes both medical and endovascular care for individuals with extra and intracranial stenoses, brain aneurysms and vascular malformations, whether congenital or acquired.

J. Scott Pannell, MD
Neurointerventional Radiologist

**Specialties:**
Neurosurgery, Radiology, Stroke Care  
**Hillcrest - UC San Diego Medical Center**  
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-5540

**Bio:**
J. Scott Pannell, MD, is a neurointerventional radiologist who specializes in endovascular neurosurgery and neuroradiology. Dr. Pannell focuses on the catheter-based treatment of ischemic stroke, cerebral aneurysms, arteriovenous malformations, carotid stenosis, vascular tumors, and interventional management of pain associated with disorders of the spine.
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